

CAPITAL DISTRICT ORAL & MAXILLOFACIAL SURGEONS, LLC

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PRE-OPERATIVE INSTRUCTIONS FOR IV SEDATION

1. Patients are **instructed NOT to eat or drink ANYTHING (including water) after midnight prior to their surgery.**
2. A responsible adult must accompany you to the office and remain in the waiting room during the procedures. **Please make sure to review and provide the Escort instructions to the person who will be accompanying you the day of surgery. DO NOT** plan on going home by bus or taxi.
3. If you are diabetic, special instructions will be given to you concerning meals and medications before and after the surgery.
4. Notify our office prior to your surgical date of any changes in your medical conditions and/or medications.
5. Wear a comfortable shirt or blouse with short sleeves to facilitate starting the I.V.
6. **DO NOT** plan on driving or operating machinery for the entire day following your sedation and surgery. After your surgery, plan to rest at home for the remainder of the day.
7. If you wear contact lenses, it is advisable not to wear them during surgery, so that your eyes do not become dry or irritated.
8. Female patients are required to remove nail polish and not wear eye makeup the day of surgery.
9. Have plenty of ice and a cold soft diet available at home for the first 24 hours following surgery.