



## PRE-OP INSTRUCTIONS

1. Any medical condition should be discussed prior to surgery date.
2. If you are taking aspirin on a *daily* basis, **check with your physician.**
3. Take all prescribed *daily* medications as usual.
4. Remember to eat a full breakfast / lunch prior to your appointment.
5. One **(1) hour** prior to your surgical procedure, take the prescribed dosage of the antibiotics and anti – inflammatory pain medications as previously directed.
6. We recommend that you must not drink any alcoholic beverage for twelve (12) hours before and twenty-four (24) hours after the procedure.
7. No cosmetics around the mouth as they may be inadvertently transferred into the surgical area during the procedure.
8. If you have opted for sedation options (**Valium, Nitrous Oxide or IV Sedation**) we ask that you **DO NOT** have finger nail polish and / or acrylic nails on the day of your surgical procedure. In order for us to properly read your pulse and vitals you cannot have finger nail polish on. Thank you for your understanding.