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## **DENTAL IMPLANTS POST-OP**

Sensitivity to cold on the natural teeth can occur, and will disappear gradually with time.

*Avoid ice, ice cream, cold drinks, and solids.*

Swelling is to be expected.

Increase Vitamin C to 1000-2000 mg per day to aid healing.

**DO NOT** apply pressure to the implant with your tongue or fingers.

**DO NOT** eat sticky or hard foods.

### **NOTIFY THE OFFICE IF:**

1. Numbness persists after initial day of surgery.
2. Bleeding has not decreased after three days.
3. The temporary becomes loose or fractures.
4. Pain increases after several days
5. The implant becomes loose.

### **IMPORTANT:**

These instructions are in addition to the General Instructions. If duplicated, the instructions on this page supersede all others.

Please notify the office if **ANY** questions. Usually a single explanation can resolve the situation and free you of worry.

If any difficulty arises at anytime, please call Dr. Allred's office **during the day** at (760) 304-6455. If you have an emergency **after hours**, please call (760) 566-6238.