



Allred Dental
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Post Op Root Canal

- Chew on the other side of the mouth for a couple of days
- If you have a temporary filling placed, avoid that area when brushing and chewing. Notify the office if it comes out
- Discomfort and soreness is normal and will go away.
- Throbbing pain that progressively worsens is an indication of infection

Contact us immediately for antibiotics

- Take 600 mg ibuprofen (Advil) every 6 hrs for pain and to reduce inflammation. Continue taking for 3 days.

For severe pain you can also take 325 mg Tylenol in addition to the ibuprofen (Advil). Do **NOT** take Tylenol with Norco

If you have any questions, please call the office (760) 304-6455

For emergencies after normal business hours, call (760) 579-2111