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CUTTING EDGE

**Know what to expect when you opt for cosmetic surgery
in these top most popular procedures**

Breast Implants

“Long-term studies have shown there are no systemic diseases associated with the silicone gel implant,” says Sherrell Aston, MD, a Manhattan plastic surgeon and chairman of the department of plastic surgery at the Manhattan Eye, Ear and Throat Hospital.

A new product called the Ideal Implant is currently awaiting FDA approval. “It is a saline implant that feels almost like silicone,” says Aston, noting that it may be given the nod by the FDA sometime this year.

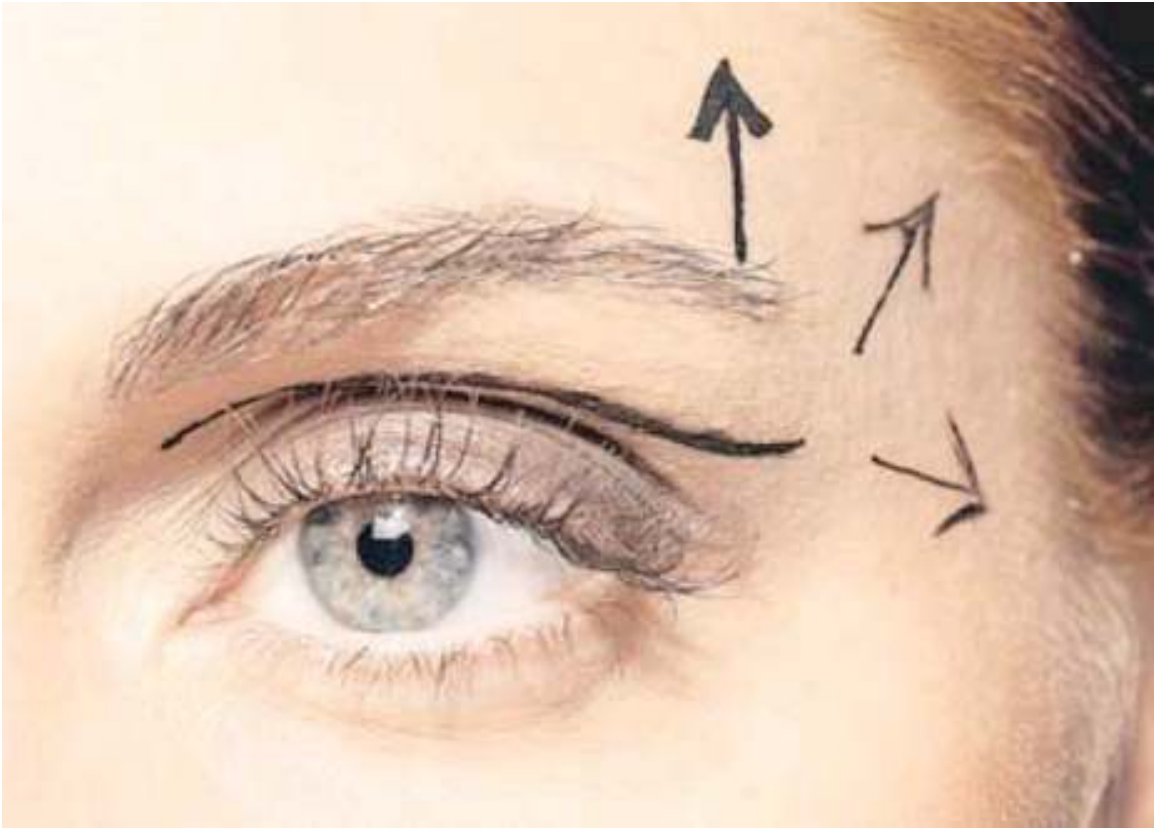
Eyelid Surgery

“It’s been said that the eyes are the window to the soul,” says Aston, “and that gives you a little testimony to the emotional significance the eyes possess.”

Eyelid surgery (blepharoplasty) promises to fix droopy eyelids and bags by removing excess skin and fat. “People come in if their eyelids begin to look heavy, or they look tired or unhappy even if they are in a good emotional state,” says Aston.

On the upper eyelids, a surgeon will make a cut across the crease of the eyelid. He’ll then remove excess skin or skin and fat. To make sure a patient doesn’t look like a deer caught in headlights after the procedure, Aston asks for a photograph of the eyes during younger days. “We’re trying to give a more elegant upper eyelid without the appearance of having [had] surgery.”

For the lower lids, the most common complaint is sagging and bagging. “This can be genetic; you can see people in their early 20s who have this,” says Aston.



Eyelid surgery aims to fix droopy lids and sagging bags.