

# AUSTIN-WESTON CENTER FOR COSMETIC SURGERY

## SUPPLIES - FACIAL & BODY SURGERY

### *Supplies needed to have on hand at home:*

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| GENERAL                                 | <ul style="list-style-type: none"><li>• MUST HAVE:</li><li>• One small bottle of liquid Dial Antibacterial soap to be used the evening before surgery and morning of surgery.</li><li>• Austin-Weston Postop Skin Care System to be used following surgery.</li><li>• One package of Q-tips.</li><li>• One bottle of Extra Strength Tylenol.</li><li>• One bottle of stool softener (either generic or brand-name Colace). Instructions: start taking one stool softener the morning after surgery and continue each morning until your bowel movements are regular.</li><li>• One tube of bacitracin ointment.</li><li>• Disposable baby diapers to be used as ice packs.</li><li>• Fill prescriptions as prescribed by doctor.</li><li>• Gatorade or Vitamin Water and fiber bars will help with keeping the patient hydrated and promote regular bowel movements during the first week.</li></ul> |
| DERMABRASION<br>or LASER<br>RESURFACING | <ul style="list-style-type: none"><li>• One package of 4" x 4" gauze pads (at least 20 pads).</li><li>• One package of bendable straws.</li><li>• One tube of cortisone cream, Lamisil cream, bacitracin and Vaseline.</li></ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| EYELIDS                                 | <ul style="list-style-type: none"><li>• One package of 4" x 4" gauze pads (at least 20 pads).</li><li>• One bottle of Natural Tears, Hypo tears or any type of artificial tears.</li><li>• One tube of Refresh PM, Celluvisc, or Lacrilube.</li><li>• Ziploc bags to make ice packs with crushed ice or frozen peas.</li></ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| RHINOPLASTY                             | <ul style="list-style-type: none"><li>• 4" x 4" gauze pads.</li><li>• Ziploc bags to make ice packs with crushed ice or frozen peas.</li><li>• One bottle of NA-SAL or Ocean Spray Saline nasal spray.</li></ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| CORNER MOUTH<br>LIFT & LIP LIFT         | <ul style="list-style-type: none"><li>• One package of bendable straws.</li></ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| TUMMY TUCK or<br>THIGH LIFT             | <ul style="list-style-type: none"><li>• One package of disposable surgical pads to protect car seat for patient pickup and bed or furniture following surgery to protect from drainage.</li><li>• Dulcolax suppository</li></ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| LIPOSUCTION                             | <ul style="list-style-type: none"><li>• One package of disposable surgical pads to protect car seat for patient pickup and bed or furniture following surgery to protect from drainage.</li></ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |