

Skin Typing Consultation Sheet

Patient Name: _____

Skin Type _____

Please answer the following questions by circling the number which best describes you. Your clinician will total the score during the consultation.

My ethnic origin is closest to:

- Very Fair (Celtic and Scandinavian) _____
- Fair-skinned Caucasians with light hair and light eyes _____
- Pale-skinned Caucasians with dark hair and dark eyes _____
- Olive-skinned (Mediterranean, some Asian, some Hispanic) _____
- Dark-skinned (Middle Eastern, Hispanic, Asian, some African) _____
- Very dark-skinned (African) _____

My Eye Color is:

- Light Blue ----- 0
- Blue / Green ----- 1
- Green / Gray / Golden ----- 2
- Hazel / Light Brown ----- 3
- Brown ----- 4

My natural hair color at age 18 was:

- Red ----- 0
- Blonde ----- 1
- Light Brown ----- 2
- Dark Brown ----- 3
- Black ----- 4

The color of my skin that is not normally exposed to the sun is:

- Pink to Reddish ----- 0
- Very Pale ----- 1
- Pale with a Beige Tint ----- 2
- Light Brown ----- 3
- Medium to Dark Brown ----- 4
- Dark Brown-Black ----- 5

If I go into the sun for an hour or so without sunscreen and have not been out in the sun for weeks, my skin will:

- Burn, blisters and peels ----- 0
- Burn, then when the burn resolves there is little or no color ----- 1
- Burn, but then turns to tan quickly ----- 2
- Gets pink, but then turns to tan quickly ----- 3
- Just tans ----- 4
- Just gets darker ----- 5
- My skin color is so dark I can't tell ----- 6

When the last time was the area to be treated was exposed to natural sunlight, tanning booths or artificial tanning cream?

- Longer than one month ----- 0
- Within the past month ----- 1
- Within the past two weeks ----- 2
- Within the past week ----- 3

Patient Signature: _____ Total _____

If your score is:

0-3
4-7
8-11
12-15
16-19
20-24

Your skin type is:

I
II
III
IV
V
VI

Notes: