

Deep Chemical Peels After Care

The Chemical Peel rejuvenation creates a wound similar to a superficial burn. Many patients may develop shallow blistering or crusting within 24-72 hours which may last for 7 to 14 days. Do not pick at the area or allow the skin to become abraded as this may result in infection and/or scarring. The treated area may be pink or pale after the crust separates. Loss of skin pigment in the treated area (usually temporary) is common.

Apply cool ice water compresses, followed by Vaseline ointment every 2-3 hours after your chemical peel. Continue to take your prescribed oral medication as directed below. For any pain, Plain Tylenol or a stronger pain reliever may be taken every 4 hours. **Do not take Aspirin or use any other products unless you ask the doctor first. Do not apply make-up or any cream or medication not prescribed by our office for 1 week. Avoid sun exposure until healed and then wear sunscreen SPF 30 or greater when outside.**

Some swelling and redness around the treated area is expected. It is also common to further experience oozing and crusting. If you experience unusual discomfort, bleeding or elevated temperature, please call our office **immediately**.

Some additional instructions may be provided based on need, including:

- Compresses with cool water every 2-3 hours for 5 minutes.
- Apply _____ ointment every 1-2 hours after compresses (keep face gooey).
- Take _____ antibiotic pills _____ times each day.
- Take _____ antiviral pill _____ times each day.
- Take _____ pills for pain every 4 hours if needed.
- Take _____ pills _____ times each day.