

DERMATOLOGY
LASER CENTER
MEDICAL DAY SPA
COSMETIC SURGERY

blodman
dermatology

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Ear Piercing After Care Instructions

You have wisely chosen to have your ears pierced with Blomdahl Medical Ear Piercing, thereby obtaining maximum protection against potential infection during the piercing process. The ear-piercing earring itself has been developed specially for ear piercing, to avoid problems with nickel allergy and other contact allergies during the healing period.

This is how you best care for newly pierced ears.

1. Never touch your ears without cleaning your hands thoroughly. Do not twist the earrings.
2. Clean your newly pierced ears (on both sides) carefully with soap and clean running water twice a day. Rinse with a lot of clean running water and dry with a clean towel or q-tips
3. Make sure that your newly pierced ears are always kept clean, dry, and airy.
4. Cover your ears when you are applying hair spray, spray perfume, hair dye, etc..
5. Take extra care when you put on or remove clothes over your head, to prevent the earrings from getting caught.
6. After about six weeks you are recommended to remove the ear piercing studs and change (be careful) to earrings with thinner post, e.g. Blomdahl Caring Earrings.

Prolonged swelling, redness or discomfort after ear piercing is not normal. In the event of this, remove the earring immediately and rinse with hydrogen peroxide

at least three times a day. Swelling, redness or pain after ear piercing in the lobe part of the ear (cartilage) is very serious - contact our office immediately.

After the healing period there is still a risk of developing a nickel allergy if you use inappropriate earrings. We recommend Blomdahl Caring Earrings, or any earring that is nickel free such as gold or platinum.

To remove the plastic butterfly: Wash your ears and hands! Hold the front of the earring with one hand and with the other hand wiggle the butterfly until you feel it loosen.