

DERMATOLOGY
LASER CENTER
MEDICAL DAY SPA
COSMETIC SURGERY

bodian
dermatology

11 Grace Avenue | Great Neck, NY

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Post Selphyl™ Hair Restoration Instructions (PRP)

- **Do Not** wash your hair or use direct shower pressure to scalp for 24 hours
- **Gently** wash your hair for the next 72 hours
- **Do Not** touch the injection sites for 3 days
- **Do Not** swim or undertake any strenuous exercise for 3 days
- **Do Not** expose yourself to long periods of the sun
- **Do Not** sit in a sauna, hot tub, or Jacuzzi for 3 days
- **Do Sleep** on an elevated pillow for the next 3 days and apply an ice pack (do not apply pressure) in case of discomfort.

Potential side Effects:

Potential side effects include but not limited to: redness, local swelling, edema, local pain. These should not last more than a few hours or up to a few days. These are normal treatment consequences. Very rarely, prolonged pain or numbness has been reported but has not been experienced in our office. Nevertheless, immediately contact our office for a professional opinion about side effects. Multiple sessions and maintenance treatments are recommended to give you the desired results.