

## VIVACE

### Fractional Micro Needling with Radio Frequency

The Vivace creates microchannels that are open for about six hours, creating the opportunity to add beneficial products during and post treatment.

#### Post care instructions

Immediately following treatment, you are able to “spritz” your face with a Rejuvenating Rose/Neroli Water Spray. You should continue to use it for the rest of the day as needed to ease tightness and reduce any remaining discomfort. (FYI: Great to use as toner on daily basis to refresh and hydrate the skin)

#### **AT HOME**

STEP 1: Starting the following day after treatment, wash face with a gentle cleanser that is specifically formulated for post procedure skin which contains gentle enzyme and amino acids. Use very light pressure when cleansing the skin. The cleanser will gently remove any daily residue from environment, cream(s) and/or make up. Use daily, morning and night. (FYI: Cleanser is a lot milder on your skin than soap. It cleanses without over drying your skin)

STEP 2: “Spritz” your skin with Rejuvenating Rose/ Neroli Water Spray and apply Cicalfate Restorative Skin Cream to restore the skin’s moisture barrier. Formulated ingredients in the cream help speed up the skin recovery process. Use twice daily for 4-5 days post procedure as needed. (FYI: Cicalfate Restorative Skin Cream is also good to use on minor scrapes, burns and post procedures)

STEP 3: You may resume your normal skin routine 5 days post treatment. We recommend you wait to apply your makeup until 24 hours after your procedure.

STEP 4: We recommend you use the Growth Factor Repair Mask as part of your regular skincare regime on a weekly basis.

#### *Tips to optimize your recovery and maximize your results.*

TIP 1: *Do not reapply makeup for at least 6 hours. If you can, refrain from applying makeup until the following day. Mineral-based makeup is the best post treatment.*

*TIP 2: Do not use any additional products during the first six hours following your treatment, unless advised by Dr. Bodian or the staff.*

*TIP 3: Do not exercise or increase your heart rate for 48 hours post treatment.*

*TIP 4: Avoid all sun exposure if possible. If unavoidable, use sunblock that is water based and Zinc Oxide is the active ingredient.*

*TIP 5: Refrain from deep exfoliation and/or retinol products for 7 to 10 days post treatment.*