

DERMATOLOGY
LASER CENTER
MEDICAL DAY SPA
COSMETIC SURGERY

hodian
dermatology

11 Grace Avenue | Great Neck, NY

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Laser Skin Rejuvenation CO2/Fractional Laser

At Home Instructions

The Fractional Laser rejuvenation created a wound similar to a superficial burn. You will develop pin-point crusting within 24 to 72 hours, which may last for 7 days. Do not pick at the area or allow the skin to become abraded as this may result in infection and/or scarring. The treated area may be pink or pale after the crust separates.

Apply cool water compresses or ice packs (a bag of frozen peas works well too) followed by the Vaseline, Aquaphor or a healing ointment provided by our office, every 1-2 hours after your laser Rejuvenation. Continue to take your prescribed oral medication as directed below. For any pain, Plain Tylenol or a stronger pain reliever may be taken every 4 hours. **Do not take Aspirin or use any other products unless you ask the doctor first. Do not apply make-up or any cream or medication not prescribed by our office for 1 week. Avoid sun exposure until healed and then wear sunscreen SPF 30 or greater when outside.**

Some swelling and redness around the treated area is expected. If you experience unusual discomfort, bleeding or elevated temperature, please call our office **immediately**.

Some additional instructions may be provided based on need, including:

- Compresses with cool water every 1-2 hours for 5 minutes.
- Apply _____ ointment every 1-2 hours after compresses (keep face gooey).
- Take _____ antibiotic pills _____ times each day.
- Take _____ antiviral pill 3 times each day.
- Take _____ pills for pain every 4 hours if needed.
- Take _____ pills _____ times each day.