

## PICOWAY® LASER – TATTOO REMOVAL

### PRE-TREATMENT CARE:

1. Waxing and/or the use of chemical depilatories and hair removal creams must be avoided in the treatment area for 2 weeks before treatment (preferably 4 weeks). Shave area if advised to remove surface hair in the areas to be treated.
2. No sun tanning, tanning beds, sunless tanning lotions or spray tanning for 2 weeks before tattoo removal. Sun exposure, tanning and sunless tanning products decrease the effectiveness of the laser treatment.
3. Treatment area must be clean. Do not apply any lotions, self-tanning lotions, makeup or sunscreen before your visit.
4. Please advise technician of any photosensitive medications, such as Accutane, that you are currently taking. These medications should be discontinued for a period of at least 6 months prior to receiving the treatment and should not be used during your course of treatment. Some medications require a waiting period before treatment can be performed. Your medical aesthetician may ask you to stop oral or topical medications prior to treatment.
5. You may not be pregnant for this treatment. Please notify Body+Beauty Lab of any change in your medical history, health status or personal activities that may be relevant to your treatment.

### POST-TREATMENT CARE:

1. Waxing and hair removal creams must be avoided in the treatment area for 2 weeks after treatment.
2. No sun tanning, tanning beds, sunless tanning lotions or spray tanning for 2 weeks (preferably 4 weeks) after tattoo removal or until wound is healed. Sun exposure, tanning, and sunless tanning products increase the chance of post-treatment complications. When safe to expose skin to sun, use a thick layer of SPF30+ sunblock with zinc oxide and reapply every 2 hours.
3. Immediately after treatment there may be a “frosting” on the area that is being treated. Redness and swelling is typical and possibly blisters. Pinpoint bleeding may occur.
4. Keep dressing in place for 24 hours. A cool compress can be applied and Tylenol recommended for discomfort. The treated area should be cared for delicately until healing is complete and care should be taken to avoid trauma to the area for the first 7 days after treatment.
5. DO not pick, rub, scrub or scratch at the skin throughout the healing process. A Body+Beauty Lab post treatment ointment should be applied to the wound area for 2-3 times a day. Treated area must be covered with a non-stick Telfa gauze pad after post treatment ointment is applied, until the wound is healed. Keep the area moist and allow the scab to fall off on its own. Do not pop or pick at any blisters. If blister pop on its own, keep the skin covered with a Body+Beauty Lab post treatment ointment and gauze to promote healing and prevent scarring.
6. You may shower and pat dry. No soaking in bath tub, hot tub or swimming until wound heals.
7. Physical exercise that causes perspiration should be discontinued for at least 7 days after treatment as excessive perspiration may disrupt the healing process.
8. Multiple treatments are required to see results of tattoo removal.
9. Contact Body+Beauty Lab if there is any indication of blistering or infection.