

Bowel Prep Instructions

(All done day prior to surgery)

- Take FOUR (4) Dulcolax laxative tablets at 9 a.m. the day before your surgery
- Use ONE Dulcolax Suppository at 9 a.m. and AGAIN at 9 p.m. the day before your surgery
- Drink plenty of clear fluids (at least 8 glasses (8 oz) of water)
- Keep meals light day before surgery