

Patient Instructions for Endometrial Biopsies w/Hysteroscope

NIGHT BEFORE PROCEDURE:

Take Ibuprofen (Motrin or Advil) 200 mg over-the-counter tablets #3 (600mg total) following evening meal.

Place ONE Cytotec (misoprostal) 200mcg tablet VAGINALLY at bedtime. Please note you may have some cramping.

MORNING OF PROCEDURE:

Place remaining ONE Cytotec (misoprostal) 200mcg tablet VAGINALLY upon waking.

ONE HOUR PRIOR to procedure, eat a small meal and take TWO Toradol (ketorolac) 10mg tablets by mouth.

PLEASE ARRIVE AT 1305 WONDER WORLD DR., SUITE #203, SAN MARCOS LOCATION 15 MINUTES PRIOR TO SCHEDULED APPOINTMENT.