



# Alternatives to Orthodontics

For your dental health.

## What are your alternatives to orthodontic treatment?

There are many types of dental work that might be an alternative to orthodontic treatment:

- Crowns
- Bridges
- Veneers
- Bonding
- Implants
- No treatment

Crowns cover and protect teeth, and you can choose crowns made of tooth-colored porcelain or gold.

Bridges fill in spaces left by missing teeth. They help maintain the alignment of surrounding teeth, and stay in place by using adjacent teeth as abutments.

Veneers are very thin shells of porcelain or plastic that's bonded to a tooth to improve its color and shape. A veneer generally covers only the front and top of a tooth.

With bonding, we apply a tooth-colored resin to the surfaces of teeth and then sculpt it to create a more pleasing shape.

Implants are small metal cylinders that are surgically inserted into the bone of the jaw to replace the roots of missing teeth. We can attach artificial teeth, bridges, and dentures to implants.

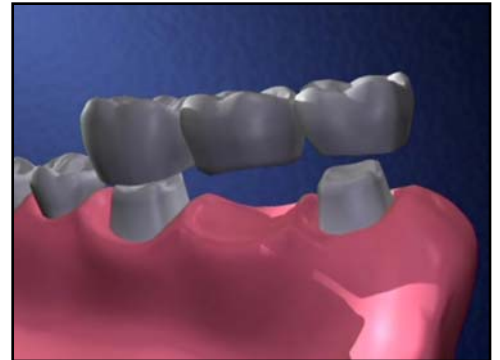
Leaving teeth as they are is always an option.

## Our recommendation

Based on your situation, we will present the treatment options that best meet your needs. You will need to consider the choices presented to you to decide what treatment is best in your individual case.



*A crown*



*A bridge*



*Bonding*