

#BeBetterNow

Before Injection

Medications

Avoid aspirin and non-steroidal anti-inflammatory products (Aleve, Motrin, ibuprofen) one week before injection to help reduce bruising. If you are sensitive to injections, you may take acetaminophen (Tylenol) before arrival. Do not substitute another pain reliever.

Discontinue fish oils, vitamin E, and other herbal remedies as they may increase bruising.

Tell your doctor about all the medicines you take, including prescription and nonprescription medicines, vitamins, and herbal products. Using BOTOX® Cosmetic with certain other medicines may cause serious side effects.

Nerve conditions

Tell your doctor about all your muscle or nerve conditions, such as ALS or Lou Gehrig's disease, myasthenia gravis, or Lambert-Eaton syndrome, as you may be at increased risk of serious side effects including difficulty swallowing and difficulty breathing from typical doses of BOTOX® Cosmetic.

Medical Conditions

Tell your doctor about all your medical conditions, including: plans to have surgery; had surgery on your face; weakness of forehead muscles: trouble raising your eyebrows; drooping eyelids; any other abnormal facial change.

Pregnancy

If you are pregnant or plan to become pregnant (it is not known if BOTOX® Cosmetic can harm your unborn baby); are breast-feeding or plan to (it is not known if BOTOX® Cosmetic passes into breast milk), you should not have BOTOX® Cosmetic injections.

After Injection:

- Remain upright for 4 hours after the procedure.
- Exaggerate facial expressions in treated areas for 1 hour after treatment.
- Do not participate in strenuous exercise for 1 hour after treatment.
- Do not massage or manipulate treated sites for 48 hours after the procedure.
- Avoid aspirin and non-steroidal anti-inflammatory products (Aleve, Motrin, ibuprofen) for six hours after treatment.
- Results of the treatment can be expected in 3-5 days.

Duration

The duration of treatment is generally between three to four months. Everyone has a unique requirement on the amount of product it will take to achieve optimal results. If you do not achieve the expected results or duration, you may require adjustment in your treatment.

Side Effects

Side effects may include discomfort or pain at the injection site; headache; and eye problems such as double vision, blurred vision, drooping eyelids, and swelling of your eyelids. If any of these side effects occur, please contact our office as many of them can be improved or treated. Given time they will resolve.

IMPORTANT SAFETY INFORMATION

BOTOX® Cosmetic may cause serious side effects that can be life threatening. Get medical help right away if you have any of these problems any time (hours to weeks) after injection of BOTOX® Cosmetic:

Problems swallowing, speaking, or breathing, due to weakening of associated muscles, can be severe and result in loss of life. You are at the highest risk if these problems are preexisting before injection. Swallowing problems may last for several months

Spread of toxin effects. The effect of botulinum toxin may affect areas away from the injection site and cause serious symptoms including: loss of strength and all-over muscle weakness, double vision, blurred vision and drooping eyelids, hoarseness or change or loss of voice, trouble saying words clearly, loss of bladder control, trouble breathing, trouble swallowing. BOTOX® Cosmetic dosing units are not the same as, or comparable to, any other botulinum toxin product.

There has not been a confirmed serious case of spread of toxin effect when BOTOX® Cosmetic has been used at the recommended dose to treat frown lines, crow's feet lines, or both at the same time. BOTOX® Cosmetic may cause loss of strength or general muscle weakness, vision problems, or dizziness within hours to weeks of taking BOTOX® Cosmetic. **If this happens, do not drive a car, operate machinery, or do other dangerous activities.**

Serious and/or immediate allergic reactions have been reported. They include: itching, rash, red itchy welts, wheezing, asthma symptoms, or dizziness or feeling faint. Get medical help right away if you are wheezing or have asthma symptoms, or if you become dizzy or faint.

Emergency Contacts

Doctor Dorner is available twenty-four hours a day. If you are having problems please call the office at 614-336-9000 and press one to have him paged. Be sure to leave your contact information.

For any life-threatening emergencies, you should call 911.

Notes: