

#BeBetterNow

Facial Filler Instructions

Before treatment

Avoid Vitamin E, Aspirin, non-steroidal anti-inflammatory drugs (Motrin, Alleve, ibuprofen) and fish oil supplements for one week before treatment.

One day prior to treatment, avoid alcohol. These agents will increase your chance of bruising. You may try arnica applied to the area of treatment. Apply the arnica three times per day for three days before your treatment. This may decrease bruising.

After treatment

After your treatment, you might have some redness and swelling. This will normally last less than seven days. Cold compresses may be used immediately after treatment to reduce swelling. You may apply a cold compress to the area for 20 minutes per hour, and you may do this hourly for up to three days. If the inconvenience continues beyond seven days or if other reactions occur, please contact the office, 336-9000.

Avoid touching the treated area within six hours following treatment. After that, the area can be gently washed. The product with hyaluronic acid will draw water into it, and it should feel similar to your skin within one to two weeks.

Sunbathing and cold outdoor activities should be avoided until any redness or swelling disappear.

If you have previously suffered from facial cold sores, there is a risk that the treatment may cause another recurrence. Certain medications can be prescribed to help reduce this risk. Be sure to discuss this with Dr. Dorner if you have had cold sores in the past.

Avoid exercise and alcohol for six hours after treatment.

Having a follow-up treatment before the product has fully dissipated may enhance the lasting effect. Please be sure to consult with Dr. Dorner about recommendations for follow-up treatments.

Warning signs

If you have any vision loss or blistering of the skin, contact the office immediately. It is very important to treat these symptoms immediately to prevent complications.

Emergency Contacts

Doctor Dorner is available twenty-four hours a day. If you are having problems please call the office at 614-336-9000 and press one to have him paged. Be sure to leave your contact information.

For any life-threatening emergencies, you should call 911.

Notes: