

Microblading Post-Treatment Instructions

Post-Treatment Instructions

Immediately following your procedure:

Your technician will apply a layer of balm in order to protect your freshly opened layer of skin from debris and bacteria while you leave the office. Within a few hours, your skin will begin to regenerate itself, so there will be no need to reapply another layer of balm.

Showering and washing:

Do not get the treated area wet for the first **three** days after treatment. Be very careful when showering and washing your face not to get water on the treated area.

Itching and rubbing:

It is likely the treated area will become itchy as it heals. Please remember **no itching** and **no rubbing** during the healing process. Itching can cause infection and pigmentation removal resulting in “bald spots” on the brow. As the brows heal, the pigment will begin to peel and flake, **do not** pick at this. Please allow the flaking to occur naturally.

Days 3-10:

Apply a thin layer of protective balm no less than **three times** per day. Be sure to wash hands before application and ideally apply the balm with a clean cotton swab. Apply gently – no vigorous motions.

Avoid the following for ten days post-treatment:

Anything that causes sweating such as sports or exercise.

Swimming, saunas, hot baths, and Jacuzzis

Sun tanning or salon tanning

Laser or chemical peels

Any creams containing Retin-A or Glycolic acid

Picking, peeling, or scratching of the treated area

Performing tasks that involve airborne debris (deep cleaning garages/basements)

Smoking

Drinking alcohol in excess (can slow the healing process)

Driving in open air vehicles including convertibles, boats, bicycles, etc

What to expect as you heal:

Touch ups will be scheduled 1 month from the original treatment date and will be used to retouch any bald spots and to ensure brows are perfectly even. Brows will go through many stages, often appearing very dark at first then very dull after dryness/flaking has subsided. In the days following this dullness, pigment will reemerge and new skin will settle in and you will be left with your completely healed brow.