



Plastic & Hand Surgery
ASSOCIATES, LLC

POST-OP INSTRUCTIONS FOR LASER SKIN PROCEDURES

1. Upon arrival at home, mix 1 tablespoon of vinegar and 1 quart of water and place in the refrigerator to cool.
2. The night following surgery apply **Aquaphor** as needed to keep moist.
3. The day after surgery you can shower. Apply Aquaphor after your shower and continue to apply 3-4 times a day to keep area moist.
4. Rinse the area with antibacterial soap and water at least twice a day.
5. You may dab a gauze soaked in the vinegar mixture on the area to cool/clean the face.
6. Continue your antiviral medication and finish the WHOLE prescription.
7. Keep your lips moist with Vaseline.
8. Please contact your physician if any unusual complication arise (ex: cold sores) at 601.939.9999 or 1.866.939.4999

Note: The purpose of our after-hours on call service is for emergencies. If you have a routine questions, that is not answered above, please wait until after 8.30am the following morning to call our office, and we will be more than happy to answer any and all questions.