



A Helpful Guide For Better Cataract Outcomes

To help you make a more 'Informed Decision' about having cataract surgery, the cataract specialists of Focal Point Vision are proud to co-sponsor this helpful community service guide called 'The San Antonio Guide To Cataract Care.'

It is designed to help guide you through the entire cataract process:

- What is a cataract?
- What are my cataract surgery options?
- What is laser cataract surgery?
- What are my out-of-pocket costs for cataract surgery?

More than two million cataract surgeries are performed in the U.S. and approximately 22 million people aged 40 and older suffer from cataracts.



 **Contact Us: 210-614-3600**

 **focalpointvision.com**

What Are Cataracts?

If you are experiencing difficulty driving at night, problems reading, or foggy vision, you may have cataracts. Many people think that a cataract is a growth on the eye, but in reality, a cataract occurs when our natural lens becomes cloudy. The cloudiness makes it difficult for light to pass through the eye, causing the symptoms mentioned above. Modern cataract surgery involves replacing the cloudy lens with a clear implant (also called an IOL, or intraocular lens). There are different types of technologies to remove a cataract, and there are different types of implants that give a range of vision. Cataracts are the leading national cause of blindness among older adults. More than two million cataract surgeries are performed in the US and approximately 22 million people aged 40 and older suffer from cataracts. This makes the cataract procedure the most common surgery in the US. The American Society of Cataract and Refractive Surgery (ASCRS) reports more than 98% of cataracts patients had their vision successfully improved after surgery.



Dr. Kenneth Maverick



Dr. James Lehmann

What are my Cataract Surgery Options?



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CATARACT SURGERY OPTIONS

1

BASIC CATARACT SURGERY: Traditional cataract surgery designed for individuals who want to achieve good distance and near vision with the aid of glasses.



Cataract



Astigmatism
Correction

Distance
Vision

Near
Vision

2

CUSTOM ASTIGMATISM PACKAGE I: Custom LENSAR Cataract Surgery to correct lower amount of astigmatism. Designed for individuals who want improved distance vision.



Cataract



Astigmatism
Correction



Distance
Vision



Near
Vision

3

CUSTOM ASTIGMATISM PACKAGE II: Custom LENSAR Cataract Surgery with use of specialty TORIC implant to correct higher amount of astigmatism. Designed for individuals who want improved distance vision.



Cataract



Astigmatism
Correction



Distance
Vision



Near
Vision

4

CUSTOM LIFESTYLE PACKAGE: Custom LENSAR Cataract Surgery with near, distance and astigmatism specialty correction implant. Designed for individuals who want the best possible expanded range of near and distance vision with minimal dependency on reading glasses.



Cataract



Astigmatism
Correction



Distance
Vision



Near
Vision



5

PREMIER LIGHT ADJUSTABLE LENS (LAL) PACKAGE: RxSight's Light Adjustable Lens technology offers the potential to provide unparalleled improvement with an interactive refraction process and an implanted intraocular lens (IOL) customized to the patient's visual preference.



Cataract



Astigmatism
Correction



Distance
Vision



Near with
Monovision



simulation of potential surgery results through Focal Point Vision

CATARACT AWARENESS

Surgery may help improve more than just your vision. During the procedure, the natural clouded lens is replaced with an artificial lens called an intraocular lens, or IOL, which should improve your vision significantly. Patients have a variety of lenses to choose from, each with different benefits. Studies have shown that cataract surgery can improve quality of life and reduce the risk of falling. If cataracts are interfering with your ability to see well, consider asking your ophthalmologist about cataract surgery.

Age isn't the only risk factor for cataracts. Though most everyone will develop cataracts with age, recent studies show that lifestyle and behavior can influence when and how severely you develop cataracts. Diabetes, extensive exposure to sunlight, smoking, obesity, high blood pressure and certain ethnicities have all been linked to increased risk of cataracts. Eye injuries, prior eye surgery and long-term use of steroid medication can also result in cataracts. If you have any of these or other risk factors, talk to an ophthalmologist.

Cataracts cannot be prevented, but you can lower the risk. Wearing UV-blocking sunglasses and brimmed hats when outside can help. Several studies suggest that eating more vitamin C-rich foods may delay how fast cataracts form. Also, avoid smoking cigarettes, which have been shown to increase the risk of cataract development.

New Lens Implant Options

To compensate for the removal of the eye's natural lens, a synthetic lens is implanted into the eye. These specially manufactured lenses are about the size of Lincoln's head on a penny and weigh a little more than a single kernel of corn. They are manufactured and polished to the precise curvature needed to properly focus light rays on the retina in the back of your eye. Exciting advances in lens design now give cataract surgeons and patients a number of options in lens implant technology. Different lenses provide patients various ranges of vision following their cataract procedure. These Premium Intraocular Lenses (PIOL) are designed to correct Astigmatism and provide patients a much broader range of near, intermediate and distance vision than ever before. Not every patient qualifies for these lenses, so be sure to ask your surgeon for more information or scan the QR code below.



Normal Vision



Vision With Cataracts



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Visit us at
www.focalpointvision.com
to learn more.



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Call to Schedule Your Comprehensive Cataract Evaluation Today!
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What Is Laser Cataract Surgery? What Are My Out-of-Pocket Costs For Cataract Surgery?

One of the most dramatic breakthroughs in cataract care in the past decade is the introduction of laser cataract surgery, a FDA approved procedure that is unsurpassed in precision, accuracy, speed, and safety in multiple areas of the cataract surgery process. Laser cataract surgery offers surgeons automated laser precision in performing the most critical components of cataract surgery, which helps surgeons achieve more consistent and optimal cataract outcomes. Laser cataract surgery is also helping reduce patient fear and anxiety about having surgery, but it is not appropriate for all patients. A thorough evaluation of your ocular system will determine if laser cataract surgery is warranted. Be sure and ask your surgeon whether or not you are an ideal candidate for laser cataract surgery at your cataract evaluation..



Basic charges you can expect for cataract surgery include fees for the surgical center, the Surgeon, the anesthesiologist, basic tests before surgery, medicine after surgery and follow-up visits with your doctor. Focal Point Vision will give you an estimated breakdown of costs once you and your Surgeon decide on the cataract option best for you, before the surgery is scheduled. If you have private health insurance or Medicare, it will usually pay for a part of most costs. Secondary or supplemental insurance also may cover 80% of the amounts not covered by your primary insurance, leaving your out-of-pocket costs to a minimal amount. Ask your doctor about their billing and payment methods. Newer lens options called Premium Intraocular Lenses (PIOL) are designed to correct Astigmatism and provide patients with a range of near, intermediate and distance vision. These optional upgrades to PIOL's are FDA approved, but the additional fee may not be covered by insurance. Some clinics and surgical centers may be able to help you with financial planning. This would include offering a CareCredit plan application and they will file claims to your insurance company on your behalf.