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AESTHETIC SURGERY

CERTIFIED BY THE AMERICAN BOARD OF PLASTIC SURGERY

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Do NOT Take These Medications Before Your Procedure or Surgery

Medications that contain aspirin, as well as many other medications and supplements, may cause bleeding. Medications and supplements of this nature should not be taken for 2 weeks before and 2 weeks after your surgery. The following is a list of such medications and supplements, but it is not all-inclusive. If you have questions please check with your pharmacist or call us for clarification.

If you are on aspirin, Plavix, or any other type of blood thinner, you need to discuss this with your surgeon at least 4 weeks before your procedure to allow time to find out if the medication can be stopped before surgery.

PRESCRIPTION & NON-PRESCRIPTION

AC & C	C2 with Codeine	Instantine Analgesic
Advil	Celebrex	Tablets
Alka Seltzer (Regular & Flavoured)	Coricidin Cold	Ibuprofen
Anacin	Coricidin "D"	Midol
Antidol	Coryphen	Motrin
Apo-A.S.A.	Darvon-N	Nervine
Apo-A.S.E.N	Dolomine – 37	Norgesic
Arco Pain Tablets	Endodan	Novasen
A.S.A.	Entrophen (Regular, Extra Strength, Maximum Strength or Super ExtraStrength)	Nova AC & C
Asacol	Excedrin	Nuprin
Asaphen	Equagesic	Pain Aid
Asasantine	Fiorinal	Phenaphen
Aspergum	Headache Tablets	Robaxisal
Aspirin of any type	Herbopyrine	Tecnal
Astone		Tri-buffered A.S.A.
Bufferin		Triaminic Tablets
C2 Buffered		Vanquish
		217's, 222's, 282's, 292's, 692's

VITAMINS / SUPPLEMENTS / HERBAL REMEDIES

Echinacea	Garlic	St. John's Wort
Ephedra	Ginko Biloba	Vitamin A, E and C
Evening Primrose Oil	Ginseng	Vita A.S.A. 325 mg
Feverfew	Green Tea	
Flax Oil	All herbal Tea	

To be safe, please do not take any vitamins, supplements, herbal remedies or over-the-counter medications 2 weeks before surgery. The only exceptions to this are Arnica Montana, which may be used starting the day before your surgery, and Acetaminophen (Tylenol) Plain or Extra Strength can be used for aches and pain. Most prescription medications can be continued, but please check with us.