

# Injectable Product Worksheet

Patient \_\_\_\_\_

Date \_\_\_\_\_

Injector: Karol A Gutowski, MD

Allergy & Medical Update: \_\_\_\_\_

Results after Last Injection: \_\_\_\_\_

### Neuromodulator

BOTOX Dilution A  U/ 0.1 mL Dilution B  U/ 0.1 mL  
 DYSPORT Dilution A  U/ 0.1 mL Dilution B  U/ 0.1 mL  
 XEOMIN Dilution A  U/ 0.1 mL Dilution B  U/ 0.1 mL  
100 U in 1 mL = 10 U/0.1 mL then, dilute 1:1.5 = 4 U/0.1 mL  
100 U in 1 mL = 10 U/0.1 mL then, dilute 1:1 = 5 U/0.1 mL  
100 U in 1 mL = 10 U/0.1 mL then, dilute 1:3 = 2.5 U/0.1 mL

### For first time injections

Limitations discussed  
 Duration of results explained  
 Risk & complications discussed  
 Pictures taken  
 Aftercare instructions given  
 Bellafill skin test negative

### Filler or Stimulator

Bellafill [A]  Radiesse [Rd]  
 Belotero [B]  Restylane [R]  
 Juvederm Ultra [J]  Restylane Silk [RS]  
 Juvederm Ultra Plus [J+]  Restylane Lyft [RL]  
 Voluma [V]  Sculptra [S] \_\_\_\_\_ cc/vial  
 Kybella [K]

### Injection

G Needle  
 G Microcannula

### Anesthetic

None  
 1% Lido + Epi at injection sites  
 Nerve block  
 Topical  
 Ice

Treatment outcomes: \_\_\_\_\_

Complications: \_\_\_\_\_

Product Stickers

Additional Notes

