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Post Suture Removal Instructions (Extremities)

Continue to cleanse the area with the hibiclens solution once daily in the shower.

Keep the wound moist with the mupirocin and gentamicin ointments twice daily. Cover the area with a band aid or a non-adherent gauze and tape. The area should be wrapped with an ace wrap or coban adhesive wrap for at least 2-4 weeks after the sutures are removed.

Continue to minimize your activity (exercising, heavy lifting, stairs, shopping) as healing is taking place.

It is normal for these areas to take longer to heal than other areas of the body and you may still experience mild pain, swelling and clear drainage.

Please contact the office with any signs of infection:

Continuous or increasing pain, discolored drainage, increasing redness or saturated bleeding, and/or golf ball sized swelling.