



## Medications and Herbs That Affect Bleeding

Many drugs, herbs, vitamins and diet supplements may increase bleeding during surgery. Below is a list of the more common agents that may cause bleeding. This list does not include every drug and you should always contact your surgeon's office if you are not sure whether it is safe to continue taking a particular drug, vitamin or herb.

- Stop taking all vitamins, herbs and diet supplements 7 days before surgery. You may resume them 7 days after your surgery.
- Stop taking all anti-platelet drugs, non-steroidal anti-inflammatory drugs, and aspirin 7 days before surgery. Consult your surgeon for instructions on when to restart these medications.
- If you are taking anti-coagulants ask the prescribing physician about when to stop these prior to surgery. Please be sure your surgeon is aware if you are taking any of these medications. Your surgeon will advise on when it is safe to restart these medications

Anti-Platelet Agents		Anti-Coagulants	
Anagrelide (Agylin®)	Dipyradamole (Persantine®)	Anisindione (Miradon®)	Warfarin (Coumadin®)
Aspirin (any brand, all doses - including "baby aspirin" 81mg)	Dipyridamole/aspirin (Aggrenox®)	Enoxaparin (Lovenox®) Injection	
Cilostazol (Pletal®)	Enteric coated aspirin (Ecotrin®)	Heparin Injection	
Clopidogrel (Plavix®)	Ticlopidine (Ticlid®)	Pentosan Polysulfate (Elmiron®)	
Non-Steroidal Anti-Inflammatory Drugs		Herbs/Vitamins	
Diclofenac (Voltaren®, Cataflam®)	Salsalate (Salflex®, Disalcid®)	Ajoene	Onion Extract
Diflunisal (Dolobid®)	Sulindac (Clinoril®)	Birch Bark	St. John's Wort
Etodolac (Lodine®)	Sulfinpyrazone	Cayenne	Tumeric
Fenoprofen (Nalfon®)	Tolmetin (Tolecton®)	Chinese Black Tree Fungus	Vitamins C & E
Flurbiprofen (Ansaid®)	Trilisate (Salicylate combination)	Cumin	
Ibuprofen (Motrin®, Advil®, Nuprin®, Rufen®)		Evening Primrose Oil	
Indomethacin (Indocin®)		Feverfew	
Ketoprofen (Toradol®)		Garlic	
Meclofenamate (Meclomen®)		Ginger	
Meloxicam (Mobic®)		Ginkgo Biloba	
Nabumeton (Relafen®)		Ginseng	
Naproxen (Naprosyn®, Naprelan®, Aleve®)		Grapeseed Extract	
Oxaprozin (Daypro®)		Milk Thistle	
Piroxicam (Feldene®)		Omega 3 Fatty Acids	