

Medications to Avoid Before Surgery

Many drugs, herbs, vitamins and diet supplements may increase bleeding during and after surgery. Below is a list of the most common agents that may increase bleeding. **This list is a guideline only and is not intended to be a complete list of medications to be considered. As always, physician judgment should be used.**

Anti-platelet Agents		Anticoagulants
Anagrelide (Agrylin)	Dipyridamole/aspirin (Aggrenox)	Anisindione (Miradon)
Aspirin (allbrands, all doses)	Enteric coated aspirin (Ecotrin)	Enoxaparin (Lovenox) injection
Cilostazol (Pletal)	Ticlopidine (Ticlid)	Heparin injection
Clopidogrel (Plavix)		Warfarin (Coumadin)
Dipyradamole (Persantine)		Dibigatron (Pradaxa)

Non-Steroidal Anti-inflammatory	Aspirin Containing Medications	Herbs/ Vitamins
Diclofenac (Voltaren, Cataflam)	Alka Seltzer Anacin Arthritis Pain	Ajoene
Diflunisal (Dolobid)	Arthritis Foundation ASA Suppositories	Birch bark
Etodolac (Lodine)	Ascriptin Aspergum Bayer	Cayenne
Fenoprofen (Nalfon)	Bufferin Buffets II Buffex Cama	Chinese black tree fungus
Flurbiprofen (Ansaid)	COPE Darvon EcotrinEmpirin	Cumin
Ibuprofen (Motrin, Advil, Nuprin)	Epromate Equagesic Tablets Equazine	Evening primrose
Indomethacin (Indocin)	Excedrin Fiogesic Fiorgen PF	Feverfew
Ketoprofen (Orudis, Actron)	Fiorinal Lortab Midol	Garlic
Ketorlac (Toradol)	Norgesic Forte Painaid Percodan	Ginger
Meclofenamate (Meclomen)	Robaxisal Sine-Off Soma	Ginkgo biloba
Meloxicam (Mobic)	Compound St. Joseph Trigesic	Ginseng
Nabumeton (Relafen)	Talwin Zee-Seltzer	Grapeseed extract
Naproxen (Naprosyn, Naprelan, Aleve)		Milk thistle
Oxaprozin (Daypro)		Omega 3 fatty acids
Piroxicam (Feldene)		Onion extract
Salsalate (Salflex, Disalcid)		St. Johns work
Sulindac (Clinoril)		Tumeric
Sulfinpyrazone		Vitamins C & E
Tolmetin (Tolectin)		
Trilisate (Salicylate combination)		

- Avoid tobacco always
- Avoid alcohol, Aspirin, OTC medications, herbs and supplements for 2 weeks before and after surgery.
- Any medication prescribed for regular use should only be stopped and restarted after consulting with your regular doctor.