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## Priapus Shoti®

- ❖ Please do not use aspirin or other NSAID pain relievers (Advil, Motrin, Aleve) for one week after the procedure. You may use acetaminophen (Tylenol) as directed on the label and/or apply an ice pack to the area for any discomfort.
- ❖ Arnica pills or gel can be purchased at homeopathic/vitamin stores, if desired. Arnica is an herb thought to help reduce any bruising. Please follow any manufacturers instructions on the bottle and discontinue if any rash or discomfort develops.
- \* Results of this procedure are usually seen within a few hours and continue to improve for up to 18 weeks. You should notice increased blood flow to the area with increased sensation and sensitivity.

## Priapus Shot Pump Protocol

The doctor will instruct you on the use of the pump. It should be used for 10 minutes at a pressure of 5 to 10 mmHg immediately after the shot.

The pump should be used twice a day at a pressure of 5 to 10 mmHg for 10 to 15 minutes for at least 6 weeks. These two sessions can be back-to-back separated by a 5-minute rest. The shot works for erectile dysfunction without the pump. But for maximal growth, the pump is recommended.

Please call our office with any questions or concerns at 727-847-1825.