



Consent For Laser Hair Removal

_____ Our Candela lasers produce an intense but gentle pulse of light at a wavelength matched to the pigment in your skin and hair that fragments and reduces the pigmented hair with selective destruction and minimal harm to the surrounding tissue.

_____ Laser hair reduction can permanently reduce unwanted hair. In rare cases dormant hair follicles can be stimulated and increase the amount hair. In this event the treatment duration will be extended for an undetermined amount of time. We have found this to be extremely rare.

_____ I have been informed that the area treated with a laser may experience redness, scarring, swelling, crusting, histamine reaction, lightening or darkening of skin, welts, burns or blistering, which generally resolves in a short period of time. While most adverse reactions are rare and most can be avoided by following the Pre and Post treatment instructions, there is a risk that some conditions could be permanent. I understand and accept that risk.

_____ I understand that all skin reacts to treatments in some manner, and agree that I will notify the Manager as soon as possible if I experience a reaction that does not resolve within several hours or becomes progressively worse after leaving. I agree to follow all care instructions given by Setty Plastics and Aesthetics and understand that I will achieve optimal healing by following all home care instructions.

_____ Existing conditions, such as herpes, acne, eczema, folliculitis, hidradenitis, psoriasis and dermatitis may flare up after a laser treatment, this may be minimized by beginning prophylactic treatment a few days before each appointment. I will advise the tech before treatment if I have any skin conditions. I will also notify the technician if I develop any of these conditions. I understand and accept that Setty Plastics and Aesthetics will not be responsible if I fail to give this important information.

_____ Unprotected eyes could suffer damage or blindness during laser treatment protective eyewear will be provided and must remain on during the entire treatment to protect the eyes from accidental exposure. I understand and accept this risk.

_____ Lasers can damage tattoos and permanent cosmetics therefore we will not laser directly or within 18mm of a tattoo or permanent cosmetics. I understand there is the possibility of accidental injury to the skin or damage to the tattoo when lasering around a tattoo. I accept this risk and agree to inform Setty Plastics and Aesthetics of any tattoos and permanent cosmetics.

_____ I have been instructed to avoid direct or indirect sun exposure at least 2 weeks prior to each treatment and I agree to notify the technician if I have had any prior sun exposure and agree to protect the area to be treated daily with sunscreen with an SPF 30 or greater. I understand and accept the risk of a reaction if I fail to give this important information.

Setty Plastics and Aesthetics • McKinney: 6347 S. Custer Rd. •

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_____ I consent to the use of photographs for recordkeeping purposes; these photographs may be taken before, during and after my treatments.

_____ I consent to the use of these photographs for providing information to other clients and to the public about my treatment. They may be shown during client consultations, as well as public promotional lectures and demonstrations, and may be reproduced in educational, instructional and promotional literature and on the Setty Plastics and Aesthetics website. My identity will not be compromised.

_____ I understand that a physician will be available for evaluation and follow up issues. Determination for an appointment with a physician will be made in consultation with management and myself.

_____ I have been given the PRE and POST treatment instructions sheet and will follow these instructions. I will inform the technician if I have not been able to follow these instructions.

_____ I confirm I am not currently pregnant or nursing and agree I will inform the technician if I do become pregnant, or am nursing in the future. I understand I cannot receive laser treatments while pregnant or breastfeeding.

_____ I have read and understand all the information presented to me before signing this consent. I understand the risks of side effects, despite proper treatment, exist in **all** cases, but can be greatly reduced by following the pre and post treatment instructions given to me. I understand the purpose of the procedures. I further understand that treatment results **will** vary between individuals and treated areas. I understand that there are many variables that may affect my treatments and that I have been made no promises of any results.

LASER HAIR REDUCTION TREATMENT PRE-TREATMENT INSTRUCTIONS
FOLLOWING ALL OF THESE INSTRUCTIONS WILL MAXIMIZE YOUR TREATMENT RESULTS

- Closely shave the treatment area within 24 hrs of your appointment with the exception of Full Back or Full Chest/Abdomen – please shave 2 days prior.
- Only shave the treatment area between laser treatments, no plucking, waxing, bleaching, threading or any method of hair removal that will pull the hair out by the root. The hair must remain intact beneath the skin.
- Arrive to your appointment with clean skin; do not apply creams, lotions or deodorant.
- Use of tanning beds, self-tanning lotions, creams and sun exposure on the area to be treated must be avoided for 2-4 weeks prior to treatment. This is extremely important to avoid blistering and potential scarring.
- Wear a broad spectrum Elta SPF 30 or more on the treatment area every day for the duration of your treatment process.
- If you are now, or at any time during your treatment process, orally or topically using photosensitive medications (antibiotics, St. Johns Wort, Accutane, etc.), please inform us immediately. You must be off these drugs for 10 days to 6 months depending on the drug before you can be treated safely.
- Avoid aspirin and aspirin containing products for 2 days prior to treatment.
- Avoid Retin-A, Retinols, Glycolics, Salicylics on the treatment area 3 days prior to treatment.

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- If you are using a topical anesthetic, please apply at least 15 minutes prior to your treatment. If you need to apply the anesthetic at the spa, please make appointment arrangements with the reception desk prior to your treatment.

LASER HAIR REDUCTION TREATMENT POST-TREATMENT INSTRUCTIONS

- Immediately following treatment it is normal for the area to be red and swollen in some cases. This can last for 2 hours or 2 days and may feel like a minor sunburn. To relieve discomfort, apply Elta Laser Enzyme Gel and a cool compress.
- Wear a broad spectrum Elta SPF 30 or more on the treatment area every day for the duration of your treatment process.
- Avoid sun exposure to the treatment area during the treatment process.
- Avoid sweating, working out, saunas, swimming pools, lakes or ocean water for 24 hours after your treatment.
- Avoid any friction or chafing for 24-48 hours after your treatment.
- Use cool water, a gentle cleanser and a soft cloth to cleanse the treatment area for 24-48 hours after your treatment.
- Avoid Retin-A, Retinols, Glycolics, Salicylics, exfoliating scrubs, brushes or washcloths for 24-48 hours after your treatment.
- If a blister or crusting appears, or you have weeping or itching, please call spa. You may need to come in for an antibiotic ointment or hydrocortisone cream. This is a possibility with any laser treatment.

Setty Plastics and Aesthetics prides itself on our ability to offer the highest quality laser hair reduction at the lowest possible cost. "No Shows" and "Cancellations" create a significant burden on our ability to maintain our low prices. Therefore, clients will be automatically charged a \$49 fee for appointments not cancelled at least 24 hrs in advance or a \$75 fee for appointments not cancelled at least 24 hrs in advance PLEASE PROVIDE US THE COURTESY OF A PHONE CALL 24 HOURS IN ADVANCE IF YOU ARE UNABLE TO MAKE YOUR SCHEDULED APPOINTMENT.

Signatures: _____ Date: _____

Witness _____ Date: _____