



4727 Sunbeam Rd., Jacksonville FL 32257

(904)880-0622

www.southsidedermatology.com

info@southsidedermatology.com



Follow us on Facebook and Instagram.

Mobile App: Register on our mobile app (Southside Dermatology & Laser) to receive reward points to redeem on your cosmetic procedures and receive notifications on special sales and savings. Receive an instant \$25 reward when you sign up.

Packages: We offer discounted package pricing for many of our procedures.

Care Credit: We accept Care Credit to help finance procedures for our patients.

Insurance: We accept many medical insurances. Please contact our office for an appointment.





SOUTHSIDE DERMATOLOGY

& LASER COSMETIC CENTER

General Dermatology • Skin Cancer Surgery
Cosmetic Services • Laser Services

Miscellaneous

Excessive Sweating (Hyperhidrosis)

Excessive sweating can be treated with medical therapies, Botox or MiraDry®. MiraDry® is a revolutionary microwave technology that eliminates sweat and odor permanently with minimal discomfort and high patient satisfaction. There is also the extra benefit of hair removal for your underarms. The procedure is safe with immediate and long lasting results.

Microneedling

Microneedling creates microinjuries to the dermis and promotes collagen remodeling. It is an affordable alternative to lasers and microneedling radio-frequency. Microneedling is used to treat acne scars, stretch marks, wrinkles and scars. It can be combined with PRP, peels or topicals. This procedure is well tolerated and can be used for all skin types and have minimal downtime.

PRP (Platelet Rich Plasma)

PRP is derived from a person's own blood platelets. A small blood sample is obtained and processed into PRP. The platelets in PRP contains multiple growth factors to improve wound healing and naturally rejuvenate skin and hair follicles. PRP can be applied topically or injected. PRP can be used as a stand-alone procedure or it can be combined with lasers or microneedling to enhance hair growth, improve acne scars, and rejuvenate skin.

Lasers for Snoring

The Nightlase® Anti-Snoring laser can help alleviate the effects of snoring and sleep apnea. A package of four treatments are usually required for this non-invasive, painless and safe procedure.

Laser for Nail Fungus

The Fotona ClearSteps® onychomycosis treatment is a quick, non-invasive way to reduce the fungus load and to help restore nails to its normal state. This cost-effective procedure usually requires 1-3 treatments.

Laser for Warts & Benign Growths

Warts and lesions can be removed with our ablative CORE® CO2 or Fotona® Erbium lasers. Other destructive methods to remove growths include liquid nitrogen or electrocautery.

About Us

Mary Pentel, MD
Ivette Sosa, MD
Debbie Smith, ARNP
Lorie Carter, FNP
Katie Bernhardt, PA-C
Julia Clarkson, ARNP
Ashley Jenkins, Body Specialist
April Michalopoulos, Aesthetician
May Nguyen, Full Specialist



Southside Dermatology & Laser Cosmetic Center is a state of the art facility that offers comprehensive general dermatology, skin cancer surgery, cosmetic, and laser services. Our mission is to provide you with excellence care in a friendly, caring and safe environment.

We combine the latest innovations of science with the art of aesthetics. We offer you the latest scientifically proven products and procedures to ensure the best quality service. Our providers will help you restore and rejuvenate your skin. Our goal is to provide you with beautiful and healthy skin.

Our team consists of board certified dermatologists, certified nurse practitioners, physician assistants, licensed aestheticians, and certified specialists. Creating a personal plan for each patient is our primary goal. With our extensive and comprehensive services we can customize your treatment plan to fit your needs and budget. We value your trust and confidence and will always strive for excellence. We want you to look and feel your best.

"I feel comfortable knowing that they go out of their way to ensure my comfort, safety, and happiness. The results that have been achieved are nothing short of miraculous! I've recommended Dr. Pentel to friends." -C. W.

"Dr. Pentel "knows" skin and keeps current on technological advances and new FDA approved products and procedures. Over the years, my treatments have been modified with the times, resulting in the glowing and radiant skin that I desire." - J. R

Aesthetician Services

Facials - are tailored treatments to treat all skin types and may include deep cleansing, extractions, exfoliation, and hydration. Our relaxing facials can address a variety of needs ranging from premature aging and environmental damage to acne flare-ups to a dull and patchy complexion.

HydraFacial MD - is a medical grade treatment that promotes long-term skin health benefits and can be tailored to meet all skin types. The treatment cleanses, exfoliates, and extracts impurities as well as dead skin cells, while replenishing nutrients such as anti-oxidants, peptides and hyaluronic acid. The HydraFacial is a quick treatment but provides effective results.

Professional Chemical Peels - are customized peels to help reduce the depth of surface lines, smooth rough skin texture, treat skin discoloration and redness, and assist in clearing acne or blemished skin. We offer PCA and ZO professional chemical peels.

Microdermabrasion - Microdermabrasion is the non-invasive, gentle removal of the outer layer of skin, which is largely made up of dead skin cells. Beneath this layer are healthy new cells waiting to be revealed. Microdermabrasion could be considered "skin polishing" because the skin is not actually broken.

Dermaplaning - is a simple and safe procedure for exfoliating the epidermis and ridding the skin of fine vellus hair (peach fuzz). Using a scalpel and a delicate touch, the provider simply abrades the surface of the skin using light feathering strokes.

NOVALASH and Volume Eyelash Extensions - are semi-permanent award winning extensions that are attached individually to your own eyelashes. This adds length, fullness, and thickness to your natural lashes.

Microblading - is a form of semi-permanent make-up utilizing cosmetic tattoo pigments to camouflage missing eyebrows. Each microblading stroke is applied individually to control the shape, color and density of the brows.

The Image Pro 3D and Visia - systems are the most advanced photo imaging systems to evaluate: wrinkles/volume loss, brown spots/melasma, redness/rosacea, texture, UV photo-damage, pore size, hydration, bacterial load and provide before and after comparisons after treatments.



Neuromodulators & Fillers

Neuromodulators

Botox / Dysport / Xeomin / Jeuveau are injections to relax the muscles to give you a more youthful and rejuvenated appearance. These neuromodulators can be used to treat smile lines, frown lines, forehead wrinkles, gummy smile, neck lines, and large masseter muscles that can contribute to TMJ discomfort and a broad jawline/ lower face. Injections with microdroplets can help with skin radiance, hydration, smoothness, excessive oil and pore size.

Dermal fillers- when used by a doctor with an artistic eye combined with skill and experience, can be used to sculpt the face and restore a natural, youthful look. Fillers are used to erase wrinkles, plump the lips, add volume to the face and to improve scars from acne, surgery and trauma. When fillers are injected properly, they look very natural and undetectable.

What can fillers treat? Most areas are FDA approved indications but some areas are off label indications.

- | | | |
|----------------------------|----------------|--------------------------------|
| • aging cheeks/saggy jowls | • ear lobes | • drooping corners of mouth |
| • define jawline | • hands, chest | • acne scars & scars |
| • hollow temples | • buttocks | • frown lines |
| • under eyes hollowness | • neck lines | • thin lips and smoker's lines |

Hyaluronic acid (HA): Many HA products have been approved in the U.S. for the treatment of the signs of aging including: Juvéderm Ultra/Ultra Plus/Volbella/ Voluma/Vollure, Restylane-L/Silk/Refyne/Defyne/Lyft, Belotero, and Versa+. Each of the HA dermal fillers has distinguishing characteristics. Dr. Pentel will customize your filler treatment by choosing the specific filler with the characteristic that will best fit your needs and concerns. HA is a naturally occurring sugar found in the skin that helps skin hold onto water and help plump up the skin. HA fillers can be broken down within hours using an injection of a naturally occurring enzyme called hyaluronidase, therefore the results are completely reversible.

Results with the HA fillers generally last six to twelve months. Results from Voluma and Vollure are reported to last up to two years. If you are active you may metabolize the filler faster. Fillers in areas of movement such as the lips may last shorter.



Under eyes Before

Under eyes After

Jawline Before

Jawline After

Neuromodulators & Fillers

Radiesse: Radiesse is made from calcium hydroxylapatite, which has been safely used for many years for facial reconstruction. It works by stimulating your body to produce collagen and it is often used as a structural filler to enhance cheekbones, jawlines, chins and facial folds. It is also great to fill volume loss in aging hands, neck, abdomen, thighs, arms, chest and buttocks. It can be seen in X-rays and can last up to 2 years.

Sculptra: Sculptra Aesthetic® is a safe, synthetic, and biocompatible material that is injected below the surface of the skin. It is made up of microspheres of poly-L-lactic acid. Sculptra is a “dermal stimulator” because it stimulates your skin cells to make their own collagen. Sculptra can also be used off label on the body. The results of Sculptra Aesthetic® are not immediate. It takes time to gradually correct the volume loss in your skin. A minimum of 2 sessions are usually recommended. Results are natural and progressive and can last 2-3 years.

Bellafill: Bellafill is a smooth, collagen gel-based dermal filler that contains tiny PMMA (polymethylmethacrylate) microspheres. The collagen gel provides immediate volume and lift to correct lines and wrinkles. Bellafill is also FDA approved for acne scars. Over months the collagen is absorbed by your body and the PMMA microspheres will act as a “scaffold” that supports your own natural collagen production over time. A quick skin test is recommended before injection with the filler. Results from Bellafill are natural and can last up to 5 years.

Fat Grafting with BeautiFILL : Autologous fat is harvested from unwanted areas of fat deposit on your body such as the neck/submental area, abdomen, waistline, bra fat or thighs. The fat is gently extracted with the BeautiFILL closed loop liposuction system and uniquely processed for maximum fat viability. Generally, there is minimal downtime and you can resume normal daily activities within a few days. Fat grafting with your own fat gives you natural, permanent and long lasting results.



Laser Resurfacing & Rejuvenation

Patients who are concerned about the look of their skin often turn to us to find out how they can combat poor texture, tone, wrinkles, pigmentation, scars, acne scars as well as the signs of aging. For many patients, laser resurfacing can provide dramatic, effective, and affordable results.

CORE CO2

The Core CO2 laser is a resurfacing laser that uses a more aggressive approach and therefore usually a one time procedure. This laser can be fully or fractional ablative. Fractional ablative lasers will result in a faster recovery time with less side effects.



Fotona Erbium

Erbium is traditionally known as an ablative laser that causes a controlled dermal injury that engages the body to reproduce healthier, fresher cells in response to the thermal effects of the laser. Erbium lasers can remove many layers of the skin while keeping the tissue intact with the channels of ablation they create on the surface of the skin. Erbium laser-resurfacing can be used to rejuvenate the entire face, neck and chest, or can be used specifically to treat the delicate skin around the eyes (periorbital) or around the mouth (perioral).

Fraxel DUAL

Fraxel DUAL is a non-ablative, non-invasive laser device that can be set at two different wavelengths. The first wavelength is more superficial and targets pigmentation concerns, while the deeper wavelength is dedicated to reducing surgical scars, acne scars, and fine lines and wrinkles by stimulating collagen production. The Fraxel DUAL treatment can be used on any parts of the face, neck, chest, and hands, and it can help patients in achieving smoother more youthful-looking skin quickly and easily.

Clear + Brilliant

Clear + Brilliant® laser treatments are more gentle and is a great alternative for those patients entering the realm of laser rejuvenation. This treatment can prevent and address early signs of aging and maintain results of other rejuvenation procedures. C&B is an affordable treatment with minimal downtime.

Skin Tightening & Lifting

Ultherapy

Ultherapy is the only FDA cleared, non-invasive skin tightening and lifting treatment that can specifically target the deep foundation below the skin that is addressed in cosmetic surgery without cutting or disrupting the surface of the skin. It is also the only procedure to use ultrasound imaging, which allows us to provide more precise, effective results. Using a customized treatment plan based on the ultrasound imaging, collagen is stimulated at various depths to provide our clients with the best treatment for their goal outcomes. Ultherapy is used to lift and define the lower face and jawline. This procedure is great to tighten laxity on the neck, chest, arms and thighs.

Profound

Profound is a single-treatment procedure that carefully heats the skin's elastin and collagen to stimulate new growth and repair aging skin. During the procedure, a bi-polar radiofrequency device will deliver energy to the precisely targeted deep layers of skin. Local anesthetic is used to ensure patient comfort, while the provider is able to control temperatures for predictable results. Profound treatments can be used to address the signs of aging on the mid to lower face and around the neck. It is effective in improving mid-face volume, eliminating double chins, recontouring the jawline and tightening loose skin on the neck.

Secret RF

Secret RF is a novel approach to deliver fractional radio frequency (RF) energy to all layers of the skin with minimal damage to the skin's surface. The multi-layered treatment is tailored to each individual and addresses their unique skin concern during each customized treatment. The Secret RF treatment is ideal for improving aging skin, photodamage, fine lines and wrinkles on the face and neck, scars, acne scars, skin quality and striae. The treatment is safe and effective, and suitable for all skin types and patients seeking skin revitalization.

Thread Lifts

Thread lifts utilize dissolvable sutures to address volume loss as well as skin laxity through an instant lift of the skin, and long-term collagen production. Thread lifts can also be used to address under eye hollowness and scars. Lidocaine is injected locally to ensure patient comfort during the treatment. The thread lifts can last up to 18 months.

Rosacea/Redness/Vessels

When patients visit Southside Dermatology & Laser Cosmetic Center with concerns about redness, leg veins, blood vessels, and rosacea, our team can provide effective solutions. In our state-of-the-art practice, we carry some of the most advanced lasers for treating redness and blood vessels.

VBeam Perfecta

The Vbeam Perfecta can safely and effectively remove discolorations, including rosacea, vascular pigmentation, poikiloderma, port wine stains, facial veins and red scars. The Vbeam uses Pulsed Dye Laser technology to deliver an intense but gentle burst of light into targeted areas of the skin. This laser specifically targets vascular conditions with its unique wavelength. Most patients will see improvement right away. More than one treatment may be needed.

excel V

excel V is the most advanced aesthetic technology that combines two powerfully precise lasers to target and eliminate vascular concerns (redness, unsightly veins) and benign pigmented lesions (age spots, sun spots, discoloration) on the face and body. The most common excel V treatments include rosacea, facial and leg veins. Laser Genesis is a gentle, no downtime laser to treat redness and rejuvenate your skin.



BBL/IPL

BBL/IPL is an innovative technology that sets new standards for skin conditions associated with aging, active life-styles, and sun damage. A treatment using BBL/IPL energy is commonly used for rosacea treatment, age spot removal, the minimizing of small facial veins and sun spots, and many other skin conditions. Your photofacial treatment will be tailored to match your skin type and your desired results.

GentleMax Pro

The Gentle Max Pro's combination of lasers has a huge benefit for resurfacing and rejuvenating the skin. This includes reducing the appearance of facial veins, and spider veins. By sending strong bursts of light into the vein that make the vein slowly fade and disappear. No incisions or needles are used. The laser energy essentially causes the vein to collapse and cease function, at this point they dissolve and fade into the leg.

Melasma/Pigment

One of the most common misconceptions about discolored skin is that it will fade by itself with no treatment necessary. While some types of hyperpigmentation can eventually lighten up over time, the majority of hyperpigmentation and discoloration can be treated with high-powered active ingredients and in-office treatments to fully eradicate spots on the surface. Chemical Peels, Hydrafacial and Clear & Brilliant are procedures to treat melasma with no downtime or discomfort. These treatments can be used as first time procedures for melasma. This is also a good choice for budget conscious consumers.

enlighten Pico Genesis

PICO Genesis is an aesthetic treatment used to improve the appearance of unwanted freckles, sun spots and age spots - gently, predictably and quickly. PICO Genesis treatments will make your skin appear lighter, brighter, and more even.

PicoWay

Picoway is an advanced laser solution for benign pigmentation such as freckles, age spots, lentigines, Nevus of Ota, Café-au-Lait and more. This breakthrough technology uses ultra-short picosecond (trillionths of a second) pulses to break down the pigment into the smallest particles.

BBL/IPL

BBL broadband light innovative technology sets new standards for the treatment of skin conditions associated with aging, active life-styles and sun damage. BBL broadband light energy allows your provider to precisely treat fine wrinkles, age & sun spots, small facial veins and several other skin blemishes. Your treatment will be tailored to match your skin's condition and your desired results.

Fraxel 1927

Fraxel DUAL 1550/1927 laser treatment targets aging and sun-damaged skin with microscopic laser columns that penetrate deep into your skin to expedite your body's remodeling of collagen. Since the laser treats only a fraction of tissue at a time, it leaves the surrounding tissue intact, which promotes very rapid healing. Fraxel DUAL 1550/1927 treatment resurfaces your skin by stimulating the growth of new, healthy skin cells from the inside out. The 1927 wavelength specifically targets pigmentation and sun spots.

GentleMax Pro

The GentleMax Pro™ can effectively remove unwanted brown sun damage spots and benign keratoses. The GentleMax Pro™ can also treat diffuse sun damage which is often seen on the face, neck, chest and arms. Depending on the extent of sun damage, a series of treatments may be necessary, but significant improvement is seen with each treatment.

Forever Young Program (Halo & BBL)

Our Forever Young Program consists of the correction of age related changes (wrinkles, pigmentation, uneven skin tone, redness, pore size, and rough texture) with Halo and BBL. In addition to corrective treatments, we recommend annual treatments to maintain your clear, smooth and glowing youthful skin. Although BBL technology has been harnessed for its ability to produce a more clinically “youthful” appearance (reduction in fine wrinkling, pigmentation and erythema), a clinical study suggests that after treatment with BBL genes linked to the aging process can be altered in expression to more closely resemble genes in younger skin.

Forever Young BBL

The Forever Young BBL Laser is the world’s most powerful IPL device on the market. It sets new standards in treating skin conditions associated with aging, active lifestyles, and sun damage. The light energy delivered by BBL will stimulate cells to regenerate and typically with the first treatment you will start to see smoother, more even and vibrant skin.



BEFORE: 2007



AFTER: 2014



BEFORE: Age 61



AFTER: Age 71

Dr. Bitter, MD, FAAD, is a board-certified dermatologist and the medical director of the Forever Young Program.

With routine treatments over several years the above photos show that BBL can help slow and actually reverse the aging process.

(Photos courtesy of Patrick Bitter, Jr., MD, FAAD)

HALO

Halo is a unique laser with 2 wavelengths to simultaneously treat the deep and superficial layers of your skin. Halo can give you ablative resurfacing results with non-ablative minimal downtime and side effects. This procedure will resurface and polish your skin and create a thin layer of hyaluronic acid that will later be replaced with collagen to give you that unique “Halo Glow”. Halo can treat wrinkles, texture, tone, scars and photo aging. Results are enhanced with a combination with BBL.



Hair/Tattoo Removal

Tattoo removal continues to rise, with one in five individuals desiring the removal of one or more tattoos. Today, one of the primary forms of removal involves laser therapy. Modern treatments are not only more effective but are also less risky than previous tattoo removal methods.

Enlighten

Enlighten™ is the most advanced laser system for the effective and safe removal of tattoos and benign pigmented lesions. Enlighten features extremely short and high-power picosecond laser pulses which efficiently and quickly break down the ink particles in tattoos. A 'picosecond' is one-trillionth of a second, and is 1,000 times shorter than the 'nanosecond' pulses used in existing lasers for tattoo removal. Picosecond laser pulses have been shown to remove tattoos more completely and in fewer treatment sessions than traditional laser used historically in the past.

Fotona StarWalker

Fotona's StarWalker Q-Switch laser system offers four Q-Switch wavelengths in one system, enabling treatments for virtually all commonly used pigment colors. The StarWalker transmits extremely short energy pulses that cause tattoo pigments to break into smaller particles that are then removed by the body's own immune system. This Q-Switched laser also effectively treats pigmentation and birthmarks.

PicoWay

The PicoWay® is an advanced laser for the treatment of tattoos, pigmented lesions, birthmarks, melasma, age spots, freckles, acne scarring and skin rejuvenation. This laser has 3 wavelengths to treat resistant, multi-colored tattoos in fewer treatments with faster clearance, less downtime and less discomfort. The longer wavelength can penetrate deeper into the dermis to remove the deeper tattoo pigment. The PicoWay® has a high success rate in removing the more difficult red and yellow tattoos.



Gentle Max Pro Laser Hair Removal

The GentleMax Pro® laser is a treatment system for the removal of unwanted hair. As technology has advanced, so has the ability to quickly and safely remove multiple hair follicles at once. The GentleMax Pro® uses two lasers the Nd:Yag (1064 nm), and the Alexandrite (755 nm). Using two different lasers, the GentleMax Pro® has the unique ability to work for patients with all skin tones. Lighter skin individuals with darker hair are effectively treated with the 755 nm wavelength. Darker skin individuals (Asian, Hispanic, African American) can be treated safely with the Nd:Yag 1064 nm wavelength.

Cellulite/Stretch Marks

Cellulite is one of the most difficult problems to treat and is also one of the most prevalent aesthetic conditions bothering women at all ages. Treatment of cellulite consists of releasing the fibrous septae (that causes the dimples), smoothing out the subcutaneous fats (that cause the lumps) and tightening the skin to reduce laxity. It's not exactly possible to make cellulite disappear entirely, but you can reduce its appearance. If you're bothered by cellulite, though, you have a few options.

Cellfina

Cellfina cellulite treatment improves the appearance of cellulite by cutting the fibrous cords woven throughout fat in the thighs and buttocks. These tight cords pull down the skin, which pushes up the fat cells and causes the "orange peel" dimpling effect. By cutting the cords, the skin releases and thighs and buttocks look smoother. The treatment is performed in a doctor's office. It uses a local numbing agent and a minimally invasive, small needle-sized device to cut the cords just beneath the surface of the skin.

Microneedling RF

Microneedling RF uses a combination of microneedles and radiofrequency waves that work together to produce microinjuries under the surface of the skin to stimulate collagen and elastin tissue to tighten tissue, improve skin thickness and rejuvenate the skin. Secret RF delivers shorter pulses and usually requires several treatments but less downtime. Profound RF delivers longer pulses and requires only one treatment. Scars, stretchmarks and cellulite can be treated. Stretch marks can also be treated with the Fotona SP Dynamis and eTwo Sublative.

VelaShape

VelaShape® III is a non-surgical, non-invasive body contouring procedure that uses radio frequency energy and infrared heating to smooth and tighten skin affected by cellulite and minimize body circumference in areas such as the hips, thighs, abdomen, upper arms and neck. This treatment uses vacuum technology that gently heats your fat cells. Most patients say that it is a comfortable process similar to a deep tissue massage, although the sensation varies from patient to patient.

Stretch Marks Treatment

Fractionated lasers can trigger new collagen production to improve the color and texture of stretch marks. Fractional Fraxel® and Fotona® Erbium laser resurfacing can also effectively treat unsightly and symptomatic stretch marks. Secret RF® microneedling radiofrequency and eTwo® Sublative can promote new collagen and smoother texture. Red stretch marks respond to vascular lasers such as the Excel V® or Vbeam Perfecta®.

Non-Surgical Fat Reduction

Thanks to new technologies, it is now possible to reduce stubborn fat pockets and improve body contours without surgery, scars or downtime. Non-surgical fat reduction includes minimally invasive treatments that selectively break down fat cells in specific areas, achieving gradual, modest fat loss. Areas of fat that can be treated include double chin, bra fat, upper arms, flanks, abdomen and thighs.

CoolSculpting

Cryolipolysis is a noninvasive technology that uses extreme cold to dismantle fat cells and help reduce a fat pocket. A paneled or cupped device is placed on top of the skin in the treatment area, where it transmits temperatures that are just low enough to freeze fat cells, essentially destroying them. Because skin, muscle and nerve tissue freeze at a lower temperature than fat, these tissues remain unharmed. You should have enough pinchable fat to fit into the suction applicator.



Before

After

truSculpt iD

truSculpt iD allows you to personalize your ideal body with a revolutionary advanced monopolar RF technology to permanently eliminate fat cells. Because the device uses heat to melt your fat, another benefit is skin tightening. There are no long term side effects, and no irregular defects. The customized hand-pieces allow most neck and body areas to be treated.

Emsculpt

EMSCULPT® is the first and only procedure that is FDA-approved to simultaneously eliminate fat and build muscle. EMSCULPT burns fat while toning underlying muscle to slim and tone the abdomen or sculpt and lift the buttocks for both men and women. It also has been shown to reduce diastasis recti (abdominal separation) that may be causing that post-baby belly pooch. There is no pain and no downtime.

Kybella

Kybella is a nonsurgical injectable technique used to target the fat beneath the chin. The process uses a series of deoxycholic acid injections to target the fat cells in this area. No incisions are required, and the downtime is minimal in most cases.

Liposuction & Lipotransfer

The BeautiFILL system is the most innovative procedure for both fat liposuction and fat transfer, both at the same visit. You can effectively remove unwanted fat from your abdomen, thighs, waistline, bra fat, and arms and place in areas that have fat loss due to aging like the face and hands. You can also augment your buttocks with your own natural fat.

Fat is removed with tumescent liposuction. Tumescent anesthesia is more effective and safe than general anesthesia. The unwanted fat is then removed and injected into the volume-depleted areas. Older methods for fat transfer are cumbersome and fat survival is variable. With the new closed loop system including a gentle laser and ideal cannula from BeautiFILL, the fat has the greatest survival and least variability with the fat transfer. The results are more uniform and consistent.

Fat transfer to the face is a great option for those that are “filler fatigued” and for those that require multiple syringes and vials of non-permanent fillers such as Juvederm, Restylane, Radiesse and Sculptra. The aging hands can also benefit from fat transfer. The fat that is transferred will be your own fat so the results are natural and permanent.

Buttocks augmentation with lipotransfer also known as the “Brazilian Butt Lift” is a great procedure for those that wish for more buttocks volume and lift. Alternatives such as Sculptra and Radiesse are also good options but these injections require several treatments. However, fillers may still be the best option for you if you do not have enough fat to remove and transfer. Breasts augmentation with fat transfer is ideal for those that are looking for a 1 to 1 ½ cup size increase and who do not want breasts implant.



Liposuction can also be performed as a stand-alone procedure. Liposuction to the sub mental and neck area can eliminate your double chin and give more definition and contour to your jawline. Liposuction is not a substitute to a good diet and exercise. Liposuction can remove unwanted fat from stubborn areas such as the stomach, flanks and thighs.

Please call our office to schedule an evaluation to see if you are a good candidate for tumescent liposuction alone or liposuction with lipotransfer.

Feminine Wellness/Male Enhancement

As women go through childbearing, hormonal changes and aging, they can experience changes in their genitalia. Changes that can impact a woman's quality of life include vaginal laxity, stress urinary incontinence, loss of vaginal lubrication, a decrease in erotic sensation and loss of tone of the labia majora.

CORE Intima

Loss of vaginal tone can be a side effect of natural childbirth and aging. Over time, the vaginal wall, which contains collagen fibers, can stretch and lose tissue tone and elasticity. Unwanted personal stress can be caused by leaking urine when sneezing or coughing due to loose vaginal tone. Women may experience unwanted pigmentary changes in the vulva area. Painful intercourse, itching or burning in the genital area can occur as we age. Reduced estrogen levels can lead to loss of vaginal lubrication. With CO2RE Intima, we can now treat these symptoms without medication or surgery. With CO2RE Intima, women regain their intimate wellness in a painless, non-surgical, proven treatment.



Fotona Intimalase

Fotona IntimaLase is a non-surgical laser procedure to rejuvenate vaginal tissue and help improve women's sexual health. The IntimaLase® treatment is based on laser-induced thermal effects in the vaginal tissue, stimulating collagen remodeling and the synthesis of new collagen fibers. The final result of collagen neogenesis and remodeling is tightening of the vaginal canal.

For Men with Erectile Dysfunction PulseWave has proven to be a safe and effective alternative treatment to Viagra and other oral ED medications. Pulsewave can also be used to treat Peyronie's disease.

PulseWave

PulseWave works by using high-frequency acoustic waves to open existing blood vessels in the penis, stimulate the growth of new blood vessels, and eliminate micro-plaque. The result is increased blood in the penis resulting in stronger, harder, and more sustainable erections.

With PulseWave there are no prescription medications to take. There are no harmful side effects with the PulseWave treatment as there are with oral ED drugs.

PulseWave can be used for men who cannot take oral ED medications, such as men with heart disease, diabetes, or high blood pressure.

Acne

Medical treatment with prescriptions: Acne medications work by reducing oil production, speeding up skin cell turnover, fighting bacterial infection or reducing inflammation — which helps prevent scarring. With most prescription acne drugs, you may not see results for four to eight weeks, and your skin may get worse before it gets better. It can take many months or years for your acne to clear up completely. The treatment regimen your doctor recommends depends on your age, the type and severity of your acne.

HydraFacial

HydraFacial is a non-invasive skincare procedure that's widely recognized as a safe and effective way to combat acne. It uses a patented Vortex technology and unique tip to rid the skin of acne-causing and pore-clogging agents, while also diminishing hyperpigmentation and scarring.

Photodynamic Therapy (PDT) - uses medications called photosensitizers to boost the activity of a light-based skin treatment. It is a form of phototherapy or light therapy and is becoming more popular as an acne treatment, particularly for severe cases that do not respond to other treatments.



Before

After 1st PDT

After 2nd PDT

After 3rd PDT

Forever Clear BBL

Skin is first treated with blue BBL light to eliminate acne-causing bacteria at its source, deep down in the pores. Skin is then treated with yellow BBL light to reduce the inflammation and acne-associated redness to give you healthy, luminous skin. For added benefit, the skin is then treated with infrared light in rapid, gentle pulses to initiate the body's natural healing process.

Other lasers to treat redness associated with acne include vascular lasers such as the Vbeam Perfecta or Excel V. Laser Genesis can also be used to heat the skin to treat acne. Secret RF is a great device to simultaneously treat active acne and acne scarring.

Chemical Peels

Superficial chemical peels are usually used for treating acne as they have anti-bacterial, anti-inflammatory, and skin peeling effects. They can also decrease the production of oily secretions that can contribute to acne development.

Skincare Products

Specialty Products

Anti-pigmentation products target the melanin synthesis pathway. Products can help lighten and brighten skin.

Acne products contain ingredients to control oil, exfoliate dead cells, reduce inflammation and improve pigmentation.

Rosacea products contain ingredients to reduce inflammation, strengthen the skin, decrease sensitivity and camouflage redness.

Estrogen Deficient Skin (Postmenopausal)—Empelle helps target accelerated collagen loss and skin aging due to estrogen loss. Featuring exclusive MEP technology, Empelle helps improve dryness, dullness, thinning and wrinkling.



ALASTIN
SKINCARE

ZO SKIN HEALTH

NEOCUTIS

CS
colorescience

PCA skin®

elta
md
SKINCARE

ISDIN

clarisonic

emepelle

LA ROCHE-POSAY
LABORATOIRE DERMATOLOGIQUE

Stratpharma
Switzerland

NUTRAFOL

Skincare Products

Good skin care is essential to graceful aging. Over time harsh elements in the environment wear on the skin making it dryer and tougher. With age comes wrinkles and sagging in the skin. Good skin care can slow down the harmful effects of time and the environment.

Sunscreen benefits

Sunscreen protects your skin from the sun's harmful ultraviolet rays, UVA and UVB rays. UVA rays are most commonly associated with skin aging; these beams cause fine lines, wrinkles, and age spots that make skin look prematurely older. UVA rays have the ability to pass through glass, meaning your skin is exposed to them while you are driving and standing or sitting in front of windows with the blinds open. UVB rays are the ones most commonly associated with sunburns. Unlike UVA rays, UVB beams cannot pass through glass. Both UVA and UVB rays are carcinogens (cancer-causing), which is why you should invest in a sunscreen that offers broad-spectrum protection against both types.

Retinol benefits

Retinol has been recommended most by dermatologists for its wrinkle-fighting properties. This is because retinol helps you produce and maintain collagen which directly affects the strength and elasticity of the skin. Retinol strengthens your skin in a way that slows the breakdown of collagen. Retinol also helps to stabilize your cells. Stable cells equal healthy cell function such as collagen production.

Antioxidant benefits

Antioxidants protect the skin by limiting free radical production, which can damage the skin. With daily use, they can reduce lentigines (sun spots), help combat visible signs of aging and calm skin inflammations. Some antioxidants provide the skin with hydration and increase moisture retention to help revitalize dull-looking skin.

Growth Factor benefits

Growth factors play a pivotal role in maintaining firmness and elasticity in your skin. Daily use of skin care products containing growth factors are known to help reduce the appearance of fine lines, wrinkles and improve skin tone and texture.

Moisturizers

Moisturizers containing occlusives, humectants and or emollients help retain moisture and hydration in our aging skin. Ceramides, cholesterol and free fatty acids help repair the skin barrier function.

Specialty Products

Anti-pigmentation products target the melanin synthesis pathway. Products

Medical & Surgical Dermatology

Skin Cancers- There are a variety of options to treat skin cancer including topical chemotherapeutic medications, destruction, excision and MOHS micrographic surgery. The treatment of choice depends on the patient's medical condition and location of the skin cancer.



Squamous Cell Cancer



Basal Cell Cancer

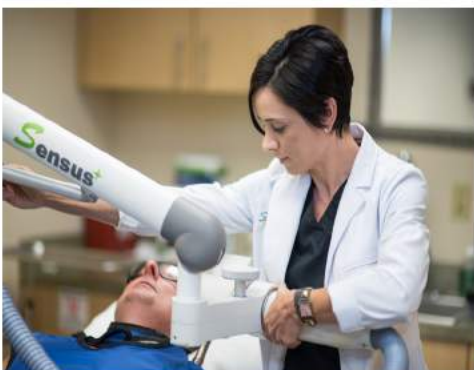


Malignant Melanoma

XTRAC Excimer (308 nm) laser is a new generation photo therapy treatment for conditions like psoriasis, vitiligo and atopic dermatitis. The Excimer laser relies on ultraviolet light to target problem areas, to heal the skin and prevent future outbreaks. This procedure is covered by most medical insurance plans.

Photodynamic Therapy (PDT) -

PDT, known medically as Photo-dynamic Therapy, is a treatment that utilizes aminolevulinic acid, a special solution that can be applied to the skin. It is then activated using a specific light wavelength to help in treating a wide range of conditions including skin cancer and pre-cancerous lesions known as Actinic Keratoses. This procedure is covered by most medical insurance plans to treat precancerous lesions (actinic keratosis).

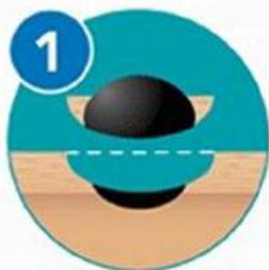


SRT-100 - Superficial Radiotherapy or SRT is a safe, painless and effective FDA approved modality to treat non-melanoma skin cancer such as basal cell carcinoma or squamous cell carcinoma, virtually any place on the body. Advantages of SRT include no cutting, needles, stitches or restriction of activities. It is safe and effective with minimal to no scarring and a high cure rate. SRT treatments are short and painless.

Medical & Surgical Dermatology

We are dedicated to meeting the needs of patients, both pediatric and adult, who have dermatological conditions. We use some of the most technologically advanced products and services to treat skin diseases as well as enhance the appearance of healthy skin. Some of the conditions that we treat are acne, rosacea, melasma, skin cancers, psoriasis, eczema, rashes, growths, cysts, infections, excessive sweating and nail and hair disorders.

MOHS - If a skin cancer is detected, a MOHS procedure may be appropriate. Dr. Pentel is certified to perform MOHS Micrographic Surgery, a specialized surgical procedure performed in an outpatient setting. This procedure effectively removes the cancer to ensure the highest cure rate possible. This technique ensures that only cancer tissue is removed to spare normal healthy tissue, thereby minimizing the size of the surgical wound and resulting scar.



The visible tumor and a small segment of surrounding skin are removed.



The tissue is examined under a microscope to see if any cancer cells remain at any of the edges.



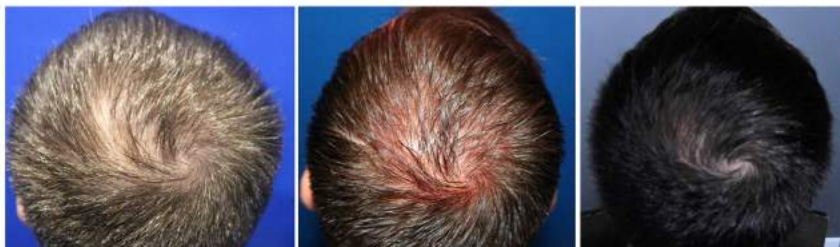
If any cancer remains, additional skin continues to be removed and examined under the microscope.



This process continues until no more cancer cells are found.

Hair Loss & Restoration

There are many types of hair loss including scarring vs. non-scarring, inflammatory vs. non-inflammatory, local vs. diffuse and acute vs. diffuse. We recommend that you are properly evaluated by your physician before seeking treatments. Treatment options vary for each type of hair loss. We offer many non-surgical options (see below) for hair loss. Many of these treatments require at least 6-8 months to see results therefore we recommend an investment of at least a year for our hair restoration program. The best success rates are usually due to a combination of treatments.



Topicals and oral medications include minoxidil (topical and oral), finasteride (topical and oral), spironolactone, nutraceuticals, vitamins and hair thickeners. Prescription medications are written by your physician or provider and not by our cosmetic staff.

Low Level Light Treatment include at home devices and in office devices. Studies have shown that most of them are effective but work better if combined with other treatment modalities. We offer in-office LED treatments that have stronger LED lights.

PRP are injections of platelet rich plasma that is rich in growth factors to stimulate hair follicles. There are many proven studies that support the successful use of PRP in hair growth. The success of PRP treatments are dependent on multiple factors. We recommend an induction treatment than a maintenance treatment.

Microneedling uses an array of tiny needles to stimulate follicular stem cells and growth factors to cause hair neogenesis. Microneedling is best done with PRP for optimal results. Topical anesthesia is used to minimize discomfort.

Lasers can also stimulate hair follicles and growth factors. Low level non-fractionated lasers are safe, effective and painless with no down time. It can be used alone or in combination with PRP.

Scars & Acne Scars

Acne, surgical, burn, and traumatic scars can be disfiguring and symptomatic. Scars can cause burning, pain and itch. They can be described as atrophic, pigmented, hypertrophic or keloidal. There are many ways to treat the different types of scar tissue. We offer medical, surgical and laser treatments for scars.

How do you treat acne scars?

The main types of acne scars include icepick, boxcar, rolling, pigmented or erythematous. For atrophic and hyperpigmented acne scars we use the Fraxel DUAL (1550 nm and 1927 Thulium) laser. Erythematous, red acne scars can be treated with vascular lasers such as Vbeam pulse dye or Excel V laser. Resurfacing can be done with the Fraxel DUAL, CORE, erbium lasers and eTwo Sublative device. Stimulation of collagen can also be done with microneedling. Punch excisions and TCA Cross method can help improve icepick scars. Dermal fillers like Bellafill can help improve depressed scars.



How do you treat surgical scars, burn and traumatic scars?

Red scars can be improved with vascular lasers. Scar thickness can be decreased with intralesional steroids or resurfacing lasers. The CORE CO2 (carbon dioxide) laser in the ablative or fractionated mode is used to treat complex, thickened scars. Scars can be surgically revised with Z-plasty, punch excisions or subcisions.

Is there any downtime?

This will depend on the type of procedure. Lasers such as the Fraxel DUAL, eTwo Sublative and pulse dye laser require minimal downtime. More aggressive procedures such as the CORE or Profound Microneedling RF may take 1 week to recover. There is a risk of bruising with Bellafill or surgical procedures.

How many treatments do I need?

More aggressive treatment like the ablative lasers (CO2) and microneedling radiofrequency (Profound) usually require one treatment. Non-ablative lasers and devices like the Vbeam, Fraxel and eTwo Sublative and Secret RF may require more than 4 treatments for optimal results. Individual results may vary. Bellafill dermal filler lasts approximately 5 years.