

# Welcome to Tricity Pain Associates

We are dedicated to creating an individualized plan for each patient we treat. We understand that you live with pain every day and we will help formulate a treatment plan to reduce this burden. Our ultimate goal is to reduce suffering and improve your quality of life with the following ideology:

- First and foremost we believe in educating our patients, empowering you to make appropriate treatment choices and improving your quality of life. We want you to be an active advocate of your health.
- Our plans utilize nutrition, physical therapy, aquatic therapy, exercise, medication management, life style modification, consulting colleagues, spinal cord stimulation, and fluoroscopic and ultrasound guided minimally invasive procedures.
- We believe in a team effort and an open line of communication between our staff, other physicians involved in your care and most importantly you, the patient. Working together to understand how pain is limiting you, we will formulate a plan to meet your specific needs.

Our passion and dedication towards alleviating pain and helping our patient is the driving force behind our practice. At Tricity Pain Associates, we are constantly learning and innovating cutting edge technology in the treatment of chronic pain disorders to offer our patients the best care possible.

We hope that you are satisfied with the care we provide. We are always welcoming suggestions from our patients to improve our practice. Please do not hesitate to let us know if we can do anything to improve your visit.

- **Tricity Pain Associates and Staff**