

# TruDerm

Medical and Cosmetic Dermatology

At TruDerm, we're passionate about helping you achieve the healthy and beautiful skin you deserve. Under the direction of **Board Certified Dermatologist, Dr. Max Adler**, we offer a full suite of medical and cosmetic dermatology services. Our facilities are equipped with the latest technology and expert staff to provide you with high quality skin care in a relaxing, spa-like atmosphere.

## Medical Dermatology

Medical dermatology is the foundation of our practice. Our Board Certified Dermatologist, Dr. Max Adler, and medical team are committed to the detection and treatment of all skin conditions and guiding patients to healthy, beautiful skin.

- Skin Exam
- Skin Cancer
- Acne
- Rosacea
- Moles
- And More...

## Spa Services

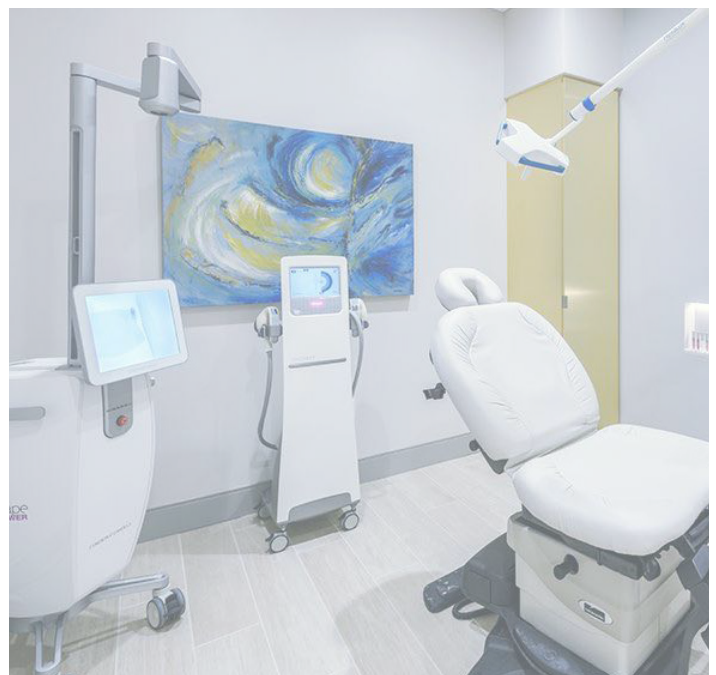
- Facials
- Peels
- Microdermabrasion
- Microneedling
- Dermaplaning
- And More...

## Botox & Facial Fillers

Everyone experiences facial volume loss as they age. Facial fillers and neuromodulators like Botox help reverse the impact of aging by plumping lips, filling smile lines, or adding volume to cheeks and other facial areas.

## Enhanced Platelet-Rich Plasma

**Platelet-Rich Plasma (PRP)** is used to accelerate production of collagen and elastin. TruDerm offers **Platelet-Rich Fibrin Matrix (PRFM)**, an enhanced form of PRP, which is more pure and penetrates the skin longer, therefore yielding more effective results. Applying Enhanced PRP to a Microneedling treatment or injecting into the skin will accelerate production of collagen and elastin and achieve brighter, smoother, rejuvenated skin. Enhanced PRP is also used to boost hair growth when injected into the scalp.



## Laser Treatments

**Hair Removal** Laser hair removal is an FDA-approved cosmetic treatment that utilizes leading laser technology, the GentleMax Pro®, to carefully remove unwanted hair.

**Facial Resurfacing** Laser skin resurfacing utilizes Sublative® radiofrequency and CO2RE® CO2 technology to rejuvenate skin by boosting collagen production. This laser technology can also treat scars and stretchmarks.

**Skin Tightening** Sublime® uses bi-polar radiofrequency energy and deep infrared heat to penetrate to stimulate production of new collagen and elastin.

**Pigment Correction** IPL laser technology is used to precisely treat age and sun spots, redness, pore size, and rosacea.

**Vein Therapy** We can safely address facial and leg veins with laser and sclerotherapy treatment options.

## Body Contouring

Nonsurgical body shaping is an ideal treatment for men and women seeking to lose a few inches of excess fat. We use **UltraShape Power®** and **VelaShape III®** laser technology to eliminate fat, reduce cellulite, and smooth skin. UltraShape uses focused ultrasound energy to destroy fat cell, achieving a smaller circumferential size. VelaShape III reduces cellulite and tightens skin. TruDerm's unique approach to noninvasive body contouring is **TruShape™**, which combines the power of UltraShape and VelaShape to achieve comprehensive and optimal results. Common areas for treatment include abdomen, thighs, and flanks.



## Tattoo Removal

The **PicoWay®** laser treats a broad range of skin types and tattoo ink colors.

## Feminine Wellness

The **CO2RE Intima®** is a non-surgical vaginal rejuvenation treatment that uses CO2 energy to boost collagen production, improving skin tone, texture and appearance.

## Profound RF

**Profound®** is a nonsurgical radio frequency laser treatment that eliminates fat and tightens the skin. It is the only procedure that creates collagen, elastin, and hyaluronic acid. Common areas for treatment are face and neck, upper arms, thighs, and abdomen. Studies have shown that Profound procedure produces one-third the effect of a surgical facelift. TruDerm is proud to be one of very few practices offering this service.

## Products

We are proud to offer leading skin care products from **skinbetter science®**, **Alastin®**, **EltaMD®**, and **SkinMedica®**. A daily skin regimen and appropriate pre- and post-treatment products will enhance your results and the overall look and feel of your skin.

## Botox & Facial Fillers

Botox

Voluma XC

Volbella XC

Vollure XC

Kybella

Juvederm Ultra Plus XC

Restylane

Restylane Lyft

Restylane Silk

Restylane Defyne

Restylane Refyne

## Spa Services

### Facial Treatments

Enzyme Facial (Express)

Enzyme Facial (Full)

Dermaplaning

Microdermabrasion

Oxygen RX Treatment

Citrus Dermal Rejuvenation

SkinPen® Microneedling

### Facial Peels

Salicylic Acid Peel

Lactic Acid Peel

Exfoliation Alpha-Beta Peel

Pigment Correction Peel

Deep Correcting Peel

Vitalize Peel

## Laser Treatments

### Hair Removal

Upper Lip

Full Face

Full Arms

Under Arms

Chest / Abs

Full Back

Bikini Line

Full Brazilian

Full Legs

### CO2 Resurfacing

Perioral  
mouth

Periorbital  
eyes

Full Face

### Sublative Resurfacing

Perioral  
mouth

Periorbital  
eyes

Face and Neck

add Sublime Skin Tightening to the above

Stretch Marks

### Vein Therapy

Facial Veins

Small-Nose, Medium-Cheeks, or Large-Full Face

Leg Veins

Small, Medium, or Large

Sclerotherapy

## Body Contouring

### UltraShape Power

Reduction of Fat & Circumference

Abdomen, Flanks, Back, or Legs

### VelaShape III

Cellulite Reduction & Skin Tightening

Full Thighs (3 zones)

Front Thighs, Back Thighs, or Buttocks

Saddlebags, Inner Thighs, or  
Abdomen

Arms

Knees

### TruShape™

Combines UltraShape and VelaShape

Abdomen, Flanks, Inner Thighs, or Outer Thighs

## Tattoo Removal

Laser Treatment

## Feminine Wellness

Vaginal Rejuvenation

## IPL Laser Pigment Correction

Face

Hands or Cheeks

Arms

Chest

Shoulders

## Enhanced Platelet-Rich Plasma (PRP)

SkinPen® Microneedling

Post Procedure PRP

Scalp Hair Restoration

## Scar Revision

Laser Treatment

## PROFOUND

Profound is a nonsurgical radiofrequency laser treatment that eliminates fat and tightens the skin. It is the only procedure that creates collagen, elastin, and hyaluronic acid. Common areas for treatment are face and neck, upper arms, thighs, and abdomen. Studies have shown that Profound procedure produces one-third the effect of a surgical facelift. TruDerm is proud to be one of very few practices offering this service.

## WATTERS CREEK

918 WATTERS CREEK BLVD.  
ALLEN, TX 75013

## LEGACY WEST

7700 WINDROSE AVE, STE. G175  
PLANO, TX 75024

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Prices as of July 2018. All prices are subject to change without notice. Not responsible for typographical errors.