



Ophthalmology
Associates
of the Valley

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Postoperative Cataract Care Instructions
(818) 990-3623

1. The day of surgery

- a. 2-3 hours after you arrive home use your **OFLOXACIN**, **KETOROLAC** and **PREDNISOLONE ACETATE** eye drops.
- b. Use all 3 drops again at dinner & bedtime and tomorrow morning.
- c. Do not press or rub the eye.
- d. Sleep with the shield tonight.



2. The day after the surgery (Bring the eye drop kit with all your eye drops to the post-operative appointment).

- a. You do not need to wear the shield any more except at bedtime for 2 nights.
- b. You can resume normal activities.
- c. Bending and lifting are OK as long as there is no discomfort.
- d. Showering or bathing are OK but avoid getting water in your eye.
- e. Do not wear makeup for 1 week.

3. Postoperative eye drops

- a. **OFLOXACIN** 1 DROP 3 X A DAY for 10 days.
- b. **KETOROLAC** 2 X A DAY until the bottle is finished.
- c. **PREDNISOLONE ACETATE** (Shake well) 1 DROP 3 X A DAY for 1 month.
- d. Wait a few minutes between each drop. **You may finish one bottle before another, this is OK. Just use each as instructed.**



4. Normal postoperative complaints

- a. Your eye may be red.
- b. Your vision may be blurred.
- c. Your pupil may be large and dilated.
- d. Your eye may feel scratchy, teary, and light sensitive.
- e. You may see floaters or black spots.

5. Please call the office immediately if there is a serious problem. Increased redness, pain, swelling, or worsening blurred vision requires an immediate phone call or attention.

