

Mario Tricoci's eponymous beauty destinations are glamorous one-stop shops for everything from makeup and hair to luxe spa treatments.

**INSIDER TIP:** The newly expanded 900 North Michigan Shops location boasts a second-floor loft space perfect for bridal parties and group events. *900 N. Michigan Ave.; 284 Oakbrook Center, Oak Brook; 499 Old Orchard Center, Skokie, 847-202-1900; tricoci.com*

## NOMI SPA

One of the city's most luxurious hotels, the Park Hyatt boasts a spa to match. The seventh-floor getaway tempts with treatments such as custom massages and polishes, as well as the exclusive HydraFacial, which exfoliates, rehydrates, and nourishes the skin. *800 N. Michigan Ave., 7th Fl., 312-335-1234; parkhyattchicago.com*

## PETROSINO'S PARLOR

Set in the Loop's sleek new Gray Hotel, this salon and spa offers pampering for ladies and gentlemen alike. On the ground floor, get express treatments like beard trims and eyebrow shaping; the second-floor salon and spa provides a full-service assortment of haircuts, body treatments, straight-razor shaves, and more. *122 W. Monroe St., 312-616-0016; petrosinosparlor.com*

## RE'LUXE NAIL & SPA BOUTIQUE

This new addition to River North takes nail care to the next level with an unrivaled lineup of posh services, like the Champagne Delight, the Hot Chocolate Escape, and the Peppermint Land Pedi, while dedicated spa rooms offer body waxing, eyebrow tinting, eyelash extensions, and other treatments. *512 N. Franklin St., 312-964-5290; reluxenailsboutique.com*

## SEPHORA

Technology and makeup merge at this cosmetics behemoth's expansive flagship on Michigan Avenue, which features the debut of the Beauty TIP (Teach, Inspire,

Play) Workshop, offering group classes, tutorials galore, and a shoppable online gallery called the Beauty Board.

**INSIDER TIP:** Discover the exclusive-to-Chicago fragrance studio where customers can explore favorite scents and receive a custom fragrance consultation. *605 N. Michigan Ave., 312-649-9343; sephora.com*

## SPA AT DANA

The first spa in the city to offer cryo-facial technology, this forward-thinking River North wellness destination, set in the Dana Hotel, features a broad range of services, from citrus mimosa mani-pedis to waxing, Swedish and hot stone massages, and even a 24-karat-gold facial. *660 N. State St., 312-202-6040; spaatdana.com*

## NEW ★ SPOKE & WEAL

Lakeview gets a dose of glam with this new Aveda salon in the historic Belmont Theater, which celebrity hairstylist Jon Reyman and acclaimed colorist Christine Thompson have transformed into a 2,800-square-foot den of beauty, offering a full menu of cut and color

services. *1637 W. Belmont Ave., 872-817-7100; spokeandweal.com/chicago*

## ULTA BEAUTY

Stock up on cosmetics essentials from hundreds of top-shelf brands at this Chicago-based beauty standby. *1107 S. Delano Ct. E., 312-583-0554; 16 S. Halsted St., 312-243-0411; 1000 W. North Ave., 312-664-0230; 1300 N. Ashland Ave., 773-227-7615; 3015 N. Clark St., 773-348-7315; 2754 N. Clybourn Ave., 773-472-6720; 5228 S. Lake Park Ave., 773-947-9066; ulta.com*

## HEALTH & WELLNESS

### NEW ★ IVME

Calling itself "the anti-ER experience," this spalike clinic practices hydration therapy in the form of intravenously administered fluids and vitamins to help alleviate myriad ailments, from the common hangover to the common cold, jet lag, and sinusitis, as well as to maximize athletic performance. *1347 N. Wells St., 312-350-1822; ivmechicago.com*

### NEW ★ SHIRLEY RYAN ABILITYLAB

Formerly the Rehabilitation Institute of Chicago, this pioneering medical facility is one of the world's leading authorities on rehabilitation research and practice. The new \$550 million, 1.2 million-square-foot Shirley Ryan AbilityLab is the first-ever "translational" research hospital, in which clinicians, scientists, innovators, and technologists work together in the same space, 24/7, attending to patients, discovering new approaches, and quickly "translating" research into practical therapies. *345 E. Superior St., 312-238-1000; ric.org*

### WELLER DENTAL

Treat your teeth to top-of-the-line service with a visit to Dr. Jeffrey Weller, whose specialties include a full slate of cosmetic, restorative, and preventative treatments: crowns and veneers, implants and bridges, Invisalign braces, periodontal therapy, and more. *1050 N. State St., Mezzanine Level, 312-654-0606; 920 N. York Road, Hinsdale, 630-654-2900; wellerdental.com*

— *Secret Source* —

JOANNA SLUSKY, OD



**TITLE:** Optometrist and founder of **Halsted Eye Boutique** (2852 N. Halsted St., 773-549-1111; drjoannaslusky.com).

**HOME 'HOOD:** "River North! Incredible restaurants, upscale shopping, art galleries, world-class museums, high-end nightlife, a beautiful lakefront, and easy access to everything downtown has to offer. What's not to love?" **GO-TO SPOT:** "**Gilt Bar** (230 W. Kinzie St., 312-464-9544; giltbarchicago.com). Best steak tartare and truffle pasta in the city." **HIDDEN GEM:** "**Violet Hour** (1520 N. Damen Ave., 773-252-1500; theviolethour.com). It's dark, sexy, mysterious, and sumptuous. Love their infused cocktails and their impressive whiskey selection."

**FAVORITE ARCHITECTURE:** "**The Bean and Pritzker Pavilion** in Millennium Park, for concerts, movies in the park, and the skyline." **ULTIMATE INDULGENCE:** "**Chuan Spa at The Langham** (330 N. Wabash Ave., 312-923-7650; chuanspa.com/en/chicago) and **The Peninsula Spa** (108 E. Superior St., 312-573-6860; chicago.peninsula.com)."