

# AUSTIN-WESTON CENTER FOR COSMETIC SURGERY

## SUPPLIES - BODY SURGERY

### *Supplies needed to have on hand at home:*

#### GENERAL

- MUST HAVE:
- One small bottle of liquid Dial Antibacterial soap.
- One bottle of Extra Strength Tylenol.
- One bottle of stool softener (either generic or brand-name Colace). Instructions: start taking one stool softener the morning after surgery and continue each morning until your bowel movements are regular.
- Disposable baby diapers to be used as ice packs.
- Fill prescriptions as prescribed by doctor.
- Gatorade or Vitamin Water and fiber bars will help with keeping the patient hydrated and promote regular bowel movements during the first week.

#### TUMMY TUCK or THIGH LIFT

- One package of disposable surgical pads to protect car seat for patient pickup and bed or furniture following surgery to protect from drainage.
- Dulcolax suppository

#### LIPOSUCTION

- One package of disposable surgical pads to protect car seat for patient pickup and bed or furniture following surgery to protect from drainage.
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