

# AUSTIN-WESTON CENTER FOR COSMETIC SURGERY

## SUPPLIES - FACIAL SURGERY

### *Supplies needed to have on hand at home:*

#### GENERAL

- MUST HAVE:
- One small bottle of liquid Dial Antibacterial soap to be used the evening before surgery and morning of surgery.
- Austin-Weston Postop Skin Care System to be used following surgery.
- One package of Q-tips.
- One bottle of Extra Strength Tylenol.
- One bottle of stool softener (either generic or brand-name Colace). Instructions: start taking one stool softener the morning after surgery and continue each morning until your bowel movements are regular.
- One tube of bacitracin ointment.
- Disposable baby diapers to be used as ice packs.
- Fill prescriptions as prescribed by doctor.

#### DERMABRASION or LASER RESURFACING

- One package of 4" x 4" gauze pads (at least 20 pads).
- One package of bendable straws.
- One tube of cortisone cream, Lamisil cream, bacitracin and Vaseline.

#### EYELIDS

- One package of 4" x 4" gauze pads (at least 20 pads).
- One bottle of Natural Tears, Hypo tears or any type of artificial tears.
- One tube of Refresh PM, Celluvisc, or Lacrilube.
- Ziploc bags to make ice packs with crushed ice or frozen peas.

#### RHINOPLASTY

- 4" x 4" gauze pads.
- Ziploc bags to make ice packs with crushed ice or frozen peas.
- One bottle of NA-SAL or Ocean Spray Saline nasal spray.

#### CORNER MOUTH LIFT & LIP LIFT

- One package of bendable straws.