

Laser Hair Removal

Patient Instructions

Here are a few DO's and DON'T's in preparation for your Laser Hair Removal appointments:

- **DO** shave or trim the hair in the treatment area as much as you wish.
 - we charge \$25 for shaving prior to procedure
- **DO** wear sunscreen daily on areas exposed to sun and limit sun exposure for 4 weeks prior to starting treatment
- **DO NOT** wax, tweeze, bleach, or have electrolysis for at least **4 weeks**.
- **DO NOT** use self-tanning products or spray tan within **2 weeks** prior to treatment.
- **DO NOT** use Retin-A (tretinoin) or glycolic products (in the treatment area) for **1 week** prior to treatment.

Here are some important points regarding the day of your treatment:

- At home, shave unwanted hair as closely as possible without damaging the skin surface. (*If you require assistance with shaving prior to your treatment, a nurse can assist you. However, a preparation fee will apply.*)
- As a convenience for our patients, we have a prescription-strength numbing cream available here in the office. "Numbing time" is based on treatment area and thickness of skin. General guidelines will be discussed with you.
- You may take Ibuprofen or Extra Strength Tylenol prior to treatment.

Our Touch-up Policy: After completing a package of 5 treatments in the same area, patients are eligible to purchase their second package of 5 at 50% off.

Our Cancellation Policy: Please call within **48 hours** of your scheduled appointment to cancel or reschedule.

Our Packages: All packages do require payment in full. There are no refunds on packages, however you may use you unused credit towards other services here at [Precision Dermatology Inc.](#)

Call the office at SF: 415-202-1540 | CM: 415-924-2055 if you have questions or concerns.