



MEDICAL PROFILES

FAIRFIELD COUNTY IS FILLED WITH SOME OF THE BEST DOCTORS AND MEDICAL FACILITIES in the country. So, how do you find that perfect doctor who best meets your needs? We've done some of the legwork and profiled a selection of our area's top-rated doctors on the following pages. Here you'll find insight into their core values and details about their practices.



AS SEEN IN
GREENWICH
M A G A Z I N E
JANUARY 2016

JAMES R. GORDON, MD, FACS, FAAO

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AWARD-WINNING oculo-facial plastic surgeon and board certified ophthalmologist Dr. James R. Gordon has over sixteen years of extensive experience in eyelid and facial rejuvenation. He is widely known as the “physician’s physician,” having treated many doctors and their families, high-profile business executives and celebrities.

“When I joined my father in practice, he gave me the advice that guides me to this day: ‘Treat every patient as if they were your mother.’ This has really served me well as I strive to relate to every patient,” says Dr. Gordon. He devotes substantial time to hear his patients’ unique concerns and partners with them to develop individualized makeover plans. When necessary, Dr. Gordon explains to some patients why they are not good candidates for surgery and recommends other solutions without upselling unnecessary treatments. “My goal is to refine patients’ beauty without changing their natural features. I only perform a procedure if I truly believe I can accomplish the targeted results,” he adds.

Dr. Gordon was the first doctor in the U.S. to introduce LightPod Era® Erbium Laser for facial skin resurfacing and trains many physicians throughout the country in its use. “The key is to treat the delicate areas around the eyes and contours of the face with precision. My patients often receive compliments post-treatment saying that they appear well-rested.” Dr. Gordon has been featured in the media for his expertise in refined injection techniques with Botox and facial fillers (Juvederm, Restylane, etc.) that lift and revitalize the aging face.

Dedicated to performing every procedure with cutting-edge technology, Dr. Gordon continually seeks the safest and latest advancements that promote youth with no downtime and minimal discomfort.



“Microneedling with Platelet Rich Plasma (PRP) is producing dramatic results for my patients. This combination treatment visibly reduces wrinkles, acne scars and hyperpigmentation, prevents skin aging and stimulates collagen growth for overall facial rejuvenation,” shares Dr. Gordon.

Recognized as one of the top cosmetic doctors by *The New York Times*, Dr. Gordon has been consistently named to Castle Connolly’s Top Doctors and

Westchester Magazine’s Top Docs. He has earned many prestigious awards and distinctions: Vitals Most Compassionate Doctor Award, Patients’ Choice, Top 10 Doctor, *NewBeauty* magazine’s Top Beauty Doctor, RealSelf Top Doctors and ExpertInjector™ for cosmetic facial fillers and injectables. Dr. Gordon appears frequently in major media outlets, including CBS, *OK! Magazine*, *Good Housekeeping*, *NewBeauty*, *Woman’s Day* and *Redbook*.