

THE SCIENCE OF HEALTHY SKIN IS CLEAR:

CLEANSE. EXFOLIATE. TONE.

Traditional skincare products focus on the visible symptoms of unhealthy skin without addressing the underlying causes at a cellular level. The first step to achieving healthy skin is stimulating the skin to function properly with ZO's Getting Skin Ready™ system.

ZEIN OBAGI MD™ — SKIN HEALTH SCIENCE —

World-renowned dermatologist
Founder & medical director of
ZO Skin Health, Inc.
Conceived and brought to market
the original Obagi Nu-Derm®
Creator of the original
Obagi Blue Peel®



GETTING SKIN READY™

Cleanse, Exfoliate, Tone

Delivering Exceptional Results

Under the guidance of Dr. Zein Obagi, ZO® has developed a wide spectrum of advanced skincare protocols and products. They include therapeutic treatment protocols, highly effective products and daily skincare solutions that create and maintain healthy skin. Based on the latest scientific advances in skin therapy technologies, these products and protocols help physicians to provide continuous skin health for all skin types, genders and ages.



ZO® SKIN HEALTH
BY ZEIN OBAGI MD

zoskinhealth.com
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BY ZEIN OBAGI MD

Angela T. | 38 years old. She is an interior designer in Laguna Beach and she has been a patient of Dr. Obagi since 2005.



1. CLEANSE

- Normalize skin with proper cleansing
- Remove surface debris



2. EXFOLIATE

- Promote exfoliation
- Improve circulation
- Enhance product penetration
- Remove dead skin cells



3. TONE

- Control oil
- Restore pH
- Soothe dry skin

STEPS

SKIN TYPE

1 CLEANSE

2 EXFOLIATE

3 TONE

Normal to Dry

Your skin is balanced with occasional dryness.

HYDRATING
CLEANSER

EXFOLIATING
POLISH

COMPLEXION
RENEWAL PADS

Dry + Sensitized

Your skin experiences frequent dryness or irritation.

HYDRATING
CLEANSER

EXFOLIATING
POLISH

CALMING
TONER

Normal to Oily

Your skin is oily but not prone to breakouts.

EXFOLIATING
CLEANSER

EXFOLIATING
POLISH
OR
DUAL ACTION
SCRUB

COMPLEXION
RENEWAL PADS
OR
OIL CONTROL
PADS

Oily + Acne-Prone

Your skin is oily all over with frequent breakouts.

EXFOLIATING
CLEANSER

DUAL ACTION
SCRUB

OIL CONTROL
PADS

All Skin Types

Our most universal system, suitable for all skin types.

GENTLE
CLEANSER

EXFOLIATING
POLISH

COMPLEXION
RENEWAL PADS

CLEANSE

EXFOLIATE

TONE



Hydrating Cleanser



Exfoliating Cleanser



Gentle Cleanser



Exfoliating Polish



Dual Action Scrub



Complexion
Renewal Pads



Oil Control
Pads



Calming Toner

A simple system of cleanse, exfoliate and tone works synergistically to normalize skin function and restore overall skin health.

ZO® GSR™ is an essential step in preventing and improving acne, skin redness, post-inflammatory hyperpigmentation, uneven skin tone, enlarged pores, and rough, dull skin texture.