



Innovative Skin Health Science

Under the guidance of Dr. Zein Obagi, ZO Skin Health, Inc., has developed a wide spectrum of therapeutic treatments and daily skincare solutions that create and maintain healthy skin. Based on the latest scientific advances in skin therapy technologies, these products and protocols help physicians provide continuous skin health for all skin types, genders, and ages.

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Epic Pigmentation Solutions

Developed by Zein Obagi, MD



ZO® Innovative Pigmentation Treatments for All Skin Types

ZO SKIN HEALTH INC
BY ZEIN OBAGI, MD

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Created by Zein Obagi, MD, ZO[®] Pigmentation Systems are the ultimate solution for treating a wide range of skin disorders using synergistic ZO[®] hydroquinone and ZO[®] non-hydroquinone treatments.

ZO[®] Multi-Therapy
Hydroquinone System
First-Line Treatment



Skin Health Restoration, Conditioning,
and Stabilization

With an emphasis on bleaching, stabilization, and blending, the ZO[®] HQ system is safer and more effective for all skin types.

- The ideal skin health restoration system
- Treats any hyperpigmentation condition including melasma
- Innovative approach to correct sun damage
- Everything needed to control treatments and optimize results

ZO[®] Non-Hydroquinone
Hyperpigmentation System
Alternative Treatment



Pigmentation Stabilization, Maintenance,
and Prevention

With an emphasis on stabilization and blending, the ZO[®] non-HQ system encompasses novel formulations and an effective protocol to control and stabilize melanocytes, preventing additional discoloration.

- An alternative when HQ is contraindicated, patients are allergic to HQ, or patients are non-responsive to HQ
- Avoids the risk of patients developing HQ resistance and side effects
- Helps maintain the results after HQ treatments

STABILIZATION
by Zein Obagi, MD

The New Benchmark for
Pigmentation Treatments,
Prevention and Maintenance

The process of stabilization helps improve and control skin cellular function, which enables skin to resist the negative effects of external and internal elements.

ZO[®] Medical solutions provide physicians a choice of hydroquinone and non-hydroquinone based regimens that treat a variety of skin conditions.

The ZO[®] Non-Hydroquinone System is used after completing the ZO[®] Multi-Therapy Hydroquinone System or when HQ resistance or side effects are present.

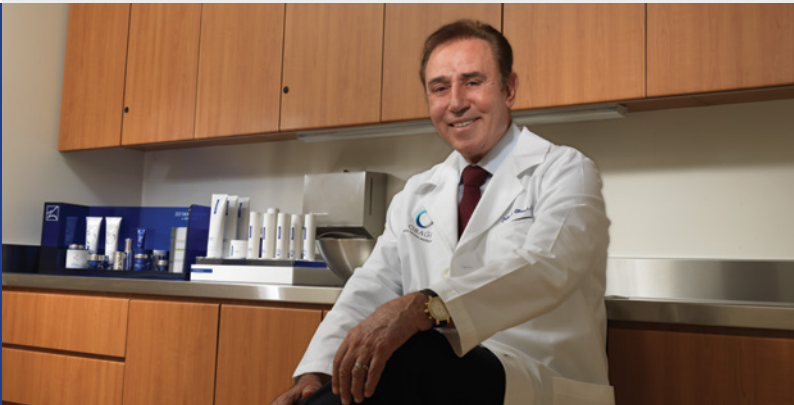
Dr. Zein Obagi's Principles of
ZO[®] Skin Health Restoration

-  **Getting Skin Ready**
Cleansing, toning and controlling oil to improve the epidermis
-  **Texture and Color Control**
Correcting through bleaching and exfoliation
-  **Strength and Vitality**
Stabilization aids repair of barrier function and DNA
-  **Hydrating and Calming**
Accelerating hydration from within to minimize reactions
-  **Deep Renewal and Repair**
Stimulating and blending to improve the dermis
-  **Sun Protection**
Broad spectrum protection through topical agents and externally-applied melanin
-  **Hand and Body Renewal**
Stimulating and blending to correct and protect skin
-  **ZO[®] Signature Peels**
A variety of personalized in-office and home treatments



Innovating the Science of Skin Health

Dr. Zein Obagi continues to redefine and advance the science of skin health restoration. Under his guidance, ZO Skin Health, Inc. is providing physicians with today's most innovative skincare technologies, protocols and education programs.



ZO® Multi-Therapy Hydroquinone System

Skin Health Restoration, Conditioning, and Stabilization Treatment

The ZO® Multi-Therapy Hydroquinone System is a safer and more effective approach to treat a wide variety of pigmentation disorders using bleaching, stabilization, and blending.



Skin Health Restoration

Novel formulations and an effective protocol to improve skin health.

Skin Conditioning

Used before and after procedures to improve outcomes and extend results.

Hyperpigmentation Treatment

Effective for a wide range of skin types.

Texture Improvement

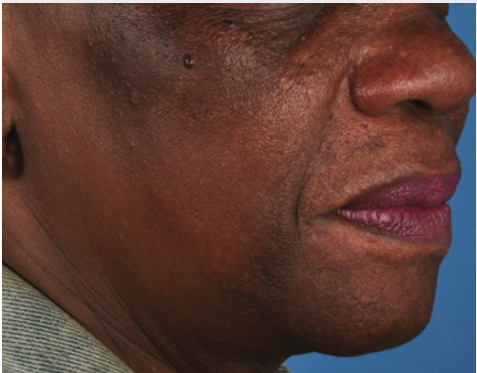
Treats dry, dull, and rough skin.

Sun Damage Repair

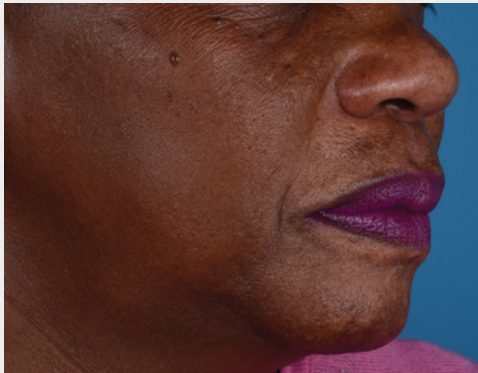
Exfoliation, DNA repair, antioxidants and protection to strengthen the skin.

Visible Results in 6 Weeks

Cleanses, corrects, exfoliates, stabilizes melanocytes, and protects all skin types.



Before Treatment







After Treatment



ZO® Multi-Therapy Hydroquinone System

ZO® Multi-Therapy Hydroquinone System

1	Bleaching Stimulates epidermal improvement	 MELAMIN™ Skin Bleaching & Correcting Crème, HQ USP, 4% <ul style="list-style-type: none">• Bleaches existing hyperpigmentation• Stops new melanin formation• Blocks free radicals
2	Exfoliation Accelerator Improves skin surface texture	 GLYCOGENT™ Exfoliating Accelerator <ul style="list-style-type: none">• Resurfaces the epidermis• Stimulates epidermal renewal• Anti-inflammatory and antioxidant benefits
3	Epidermis Stabilization Improves skin renewal and strengthening	 Ossential® Daily Power Defense <ul style="list-style-type: none">• Repairs and restores skin barrier function• Helps protect and repair damaged DNA• Anti-inflammatory and antioxidant benefits
4	Blending Improves dermal stimulation and renewal	 MELAMIX™ Skin Lightener & Blending Crème, HQ USP, 4% <ul style="list-style-type: none">• Mixed with Tretinoin to normalize melanin distribution• No bleaching effect• Anti-inflammatory benefits Tretinoin USP, 0.1% and 0.05% <ul style="list-style-type: none">• Treats medical conditions (general skin repair)

ZO® GSR™ Medical System (Getting Skin Ready)

This system is the essential first step to achieve successful results with all ZO® therapeutic treatments.

GETTING SKIN READY	Normal to Oily Skin	Normal to Dry Skin
	FOAMACLEANSE™ <ul style="list-style-type: none">• Mild surfactants remove surface impurities• Lipid replenishers combat skin dryness VITASCRUB™ <ul style="list-style-type: none">• Mechanical stimulation without irritation• Niacinamide for natural epidermal renewal CEBATROL™ <ul style="list-style-type: none">• Designed to reduce sebum• Anti-acne medication and anti-inflammatory benefits	NORMACLEANSE™ <ul style="list-style-type: none">• Cleansing system• Replenishes moisture balance Effects® Exfoliating Polish <ul style="list-style-type: none">• Mechanical stimulation without irritation• Antioxidant benefits BALATONE™ <ul style="list-style-type: none">• Calming, pH balancing and hydrating

Broad Spectrum Sun Protection

PROTECT	Maximum protection against UVA, UVB and HEV	OCLIPSE-C™ SPF 50 <ul style="list-style-type: none">• Broad protection with a UVA/UVB sunscreen and HEV protection with natural melanin
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New Hydroquinone Facts and Recommendations all Skin Health Professionals Should Know

by Zein Obagi, MD



“Based on my years of experience with hydroquinone treatments, all skin health professionals should understand the following cautions, risks and recommendations.”

Hydroquinone Treatment Cautions

Hydroquinone must be used only under a physician's supervision
HQ is a valuable agent, but it carries risks that require a physician's care.

Avoid concentrations greater than 4.0%
High concentrations of HQ can cause melanocytes to rebound causing an increase in melanin production.

Usage should never exceed 4 to 5 months
HQ is an inflammatory agent and can become an allergenic, increasing hyperpigmentation.

Sun protection is essential
HQ increases photosensitivity, which can accelerate UV damage.

Pulsed-HQ Regimens – Increased Efficacy with Reduced Risks

Consider sequencing HQ treatments with ZO® non-HQ therapy to increase efficacy while reducing the risks of HQ side effects.

- Limit HQ therapy to 3 or 4 months
- Reduce HQ dosage before completing therapy
- Allow the skin to stabilize after HQ therapy
- Resume HQ treatments only if needed
- For patients not responding to HQ, use the ZO® Non-HQ System

ZO® Non-Hydroquinone Hyperpigmentation System

Pigmentation Stabilization, Maintenance and Prevention

This innovative ZO® Non-Hydroquinone System is used following the ZO® Multi-Therapy System, or when HQ is not indicated. It is designed to even skin tone without bleaching and help stimulate collagen and elastin production for a firm, smooth appearance.



Epidermal Stimulation

This innovative system uses novel bioengineered ingredients to support barrier function, DNA repair, and anti-inflammatory activity, while reducing UV light damage and minimizing skin reactions.

Skin Brightening with Hydroquinone

This system is for hyperpigmentation or melasma in patients who are not improving with HQ or are allergic to HQ.

Maintaining the Results of Hydroquinone Treatments

After completing a course of hydroquinone, this regimen can be used as a skin health maintenance system. It is designed to restore a natural even-blended skin tone.

- Strong blending
- Stabilizes melanocytes
- Prevents skin discoloration
- Maintains even skin tone

Visible Clinical Results

Clarifies and evens skin color and tone.



Before Treatment



After Treatment



ZO® Non-Hydroquinone Hyperpigmentation System

ZO® Non-Hydroquinone Hyperpigmentation System

1	Blending Improves epidermis and targets the stages of skin discoloration	 BRIGHTENEX™ Skin Brightener & Correcting Crème <ul style="list-style-type: none">• Non HQ melanocyte activity stabilization• Restores even distribution of melanin• Anti-inflammatory and antioxidant benefits
2	Epidermis Stabilization Improves skin renewal and strengthening	 Ossential® Daily Power Defense <ul style="list-style-type: none">• Repairs and restores skin barrier function• Helps protect and repair damaged DNA• Anti-inflammatory and antioxidant benefits
3	Deep Renewal Dermal activation and stimulation	 RETAMAX™ Active Vitamin A Micro Emulsion <ul style="list-style-type: none">• Retinol micro-emulsion helps epidermal stabilization and dermal stimulation• Improves texture with anti-aging benefits
4	Hydration & Calming Stimulates the skin's natural recovery process	 RESTORACALM™ Soothing Recovery Crème <ul style="list-style-type: none">• Anti-irritation and anti-inflammatory benefits• Helps restore epidermal and dermal hydration by hyaluronic acid up-regulation

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ZO® 3-STEP PEEL™ – After Treatment

SUPPORT	Supports ZO® Non-Hydroquinone Hyperpigmentation Treatments, for all skin types	ZO® 3-STEP PEEL™ <ul style="list-style-type: none">• Exfoliating peel with dermal stimulation supports epidermal and dermal restoration
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ZO® 3-STEP PEEL™

A Truly Universal Peel

The ZO® 3-Step Peel can replace any exfoliating peel for all skin types and ages. This highly innovative peel developed by Dr. Zein Obagi, is an in-office peel that provides unmatched control of epidermal and dermal stimulation.

- Provides texture improvement and anti-aging benefits
- Improves sun-damaged pigmentation
- Restores soft, smoother skin
- Minimal patient downtime

Use monthly or as needed to enhance ZO® Hyperpigmentation Treatments

STEP 1. Peel Solution

An exclusive blend of exfoliants: salicylic acid, trichloroacetic acid and lactic acid removes the outermost layers of skin.

- Acid cocktail with cofactor for self neutralization



STEP 2.

Retinol Crème 6%

An effective collagen regulation agent that stimulates skin for maximum benefits.

- Potent Retinol for epidermal and dermal stimulation
- Anti-inflammatory and antioxidant benefits



STEP 3.

Calming Crème – Post Procedure Relief

Used after the peel solution and retinol creme.

- Advanced anti-inflammatory and anti-irritant properties
- Hydrates to restore moisture balance

