

**SPECIAL REPORT** ARE YOU AGING FASTER THAN EVERYONE ELSE? | **BREAKTHROUGH** THE BIGGEST HIGH-TECH TREND IN BEAUTY

# NEW BEAUTY<sup>®</sup>

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THE BEAUTY AUTHORITY

**NEW DISCOVERY**  
**BEST SKIN**

THE INSIDER  
SECRET YOU  
NEED TO  
KNOW ABOUT

“

If I wasn't aging,  
I wouldn't be  
living. You have  
to embrace it.

*Julianna Margulies*

**EXTREME DIETS**  
**LOSE  
FAT FAST**

HAVE THE LATEST CELEBRITY  
WEIGHT-LOSS OBSESSIONS  
GONE TOO FAR?

...  
*look  
better  
now!*

10 NEW  
PRODUCTS  
YOU HAVE  
TO TRY

...

THE  
*good  
wife*

FLAWLESS  
AT 49!



DISPLAY UNTIL DECEMBER 28

*anti-aging.*

**LOOKING  
GOOD  
LONG-TERM**

No matter how old you are when you undergo your first aesthetic procedure, it's important to get the most out of your results by doing a combination of different procedures that could include any mix of surgery, fillers, collagen-stimulating injectables such as Sculptra Aesthetic, fat melters, skin tighteners and peels. Surgical results last for an extended period of time, but not forever. Map out with your doctor what you should be doing and when—neuromodulators every three to four months, chemical peels every six months (for skin tone and texture concerns), fillers annually, lasers every few years, and surgery either as needed, or for touch-ups, every 10 years. Sticking to a plan like this can help you look better as you age.

“She's continuing to age. However, she has reset how she is programmed to age.”  
—DR. ANSON

NANCY,  
AGE 67

**OVER 4 YEARS**  
*baseline age: 63*

YEAR 1 - AT AGE 63



**What was done:**

At 63 years old, Nancy had not done much in terms of anti-aging. She was put on a medical-grade skin-care routine consisting of a retinoid, antioxidants and peptides, and she had microdermabrasion and peels.

“She wasn't ready for surgery, so we did other things. As patients get used to noninvasive treatments, surgery doesn't seem as scary,” says Las Vegas plastic surgeon Goesel Anson, MD.

“Even when you have surgery, you need to keep up your results with good skin care, fillers, Botox and lasers. Surgery doesn't stop the aging process, it just resets the clock.”  
—DR. ANSON

YEAR 3 - AT AGE 65



**What was done:**

Two years after diligent use of medical-grade skin care and regular injections of Botox and fillers, there's noticeable improvement in her skin tone and texture—it's more even with less discoloration.

“Taking good care of your skin is crucial, especially if you're considering surgery, like she was. Without it, your skin isn't as elastic, which may not lead to optimal surgical results.”

YEAR 4 - AT AGE 66



**What was done:**

One year later, Dr. Anson performed an endoscopic browlift, a lower blepharoplasty and a facelift with fat transfer, and started using hyaluronic acid fillers more often to address volume loss in her face.

“Tightening her skin with a facelift made the results of her injectables even better. A facelift makes a huge difference, but should be maintained with injectables, fillers and lasers.”