



Hello
November





A Note From Dr. Rosy Sandhu,

Make your holidays the happiest with the biggest savings of the year! Client favorites are back, including the **best-selling gift cards special for Black Friday**. We can hardly contain the excitement!

We are here to help you relax, recharge and revitalize so that you can enjoy what's most important (and we aren't judging if that is sipping a cocktail after being with family all day!). We wish you a very **Happy Thanksgiving!**

See you soon!

November Event

Open
House



Bring a friend and join us for a Pre-Holiday Open House event at the Somerville location on November 14th from 4:30-7 pm. Light hors d'oeuvres will be served.

All purchases receive a FREE Express Neem Glow Treatment (\$150 value) - to be booked at a later time

20% OFF select Services & Products:

- Purchase 2 or more skin care products
- Ultherapy Full Face & Neck
- PicoGenesis Facial Treatments
- Intesif RF Microneedling package of 3 treatments

CoolSculpting:

- Purchase 3 cycles, receive 1 **FREE**

Vanquish ME:

- Purchase a package of 4, receive 4 **FREE**

Laser Hair Removal:

- Purchase package of 6 treatments, receive 6 treatments of a small area for **FREE**

Can't make the event? No worries! All of these specials can be purchased over the phone the day of the event (10 am - 7 pm)!

To RSVP, call [617-623-0504](tel:617-623-0504) or email amanda@neemmedicalspa.com

Call Now

Email Amanda

November Promotions

Black Friday

Gift Card Promotion



**BLACK
FRIDAY
SALE**

The Best Sale of the Year is Here!

It only happens once a year; don't miss out on these famous **Black Friday** gift card offers!

Black Friday starts on Wednesday here!

Purchase \$1000 in gift cards and receive two \$100 gift cards FREE!

Purchase \$500 in gift cards and receive one \$100 gift card FREE!

Purchase \$250 in gift cards and receive one \$50 gift card FREE!

Purchase \$100 in gift cards and receive two \$25 gift cards FREE!

Gift cards need to be applied to different treatments and cannot be combined.



Purchase Now

Small Business
Saturday

30% OFF
.....
SALE

A Steal of a Deal When You Stop in the Medi Spa

30% OFF all treatments

(not applicable on injectables)! No limit!

Finish your holiday shopping in one stop!



Reserve Now

Cyber Wow
for Cyber Monday



Purchase a \$200 Gift Card and Receive a \$50 Gift Card Free!

Who said shopping had to be stressful?!

Shop now on our online store RSkinbar.com!



Purchase Now

Revitalize & Renew This Season



Anti-Aging, Botox, Dermal Fillers, Oh My!

Let's all agree to take care of ourselves this
holiday season!

**Purchase an anti-aging package and receive a complimentary product sampler
gift basket!**



Reserve Now

November Inspiration



Music Playing While We Work: “Bittersweet Symphony” by The Verve

Because it’s “Bittersweet Symphony.” We could listen to this on repeat.



November Self-Care Tip: Schedule Alone Time

November and December are full of fun activities, family get-togethers and holiday gatherings. You should soak it all in and enjoy it. But don't forget to take time alone - no kids, no spouse - just you. Schedule it into your calendar and choose to do something you really enjoy.



The Monthly Make You Smile

Featured Article



The countdown is on for holiday parties, company parties and dinner parties. All the parties! The most important question, however, is how will you look your best? Lucky you, we have the answer! There is still time to get a fresh, youthful face with these favorite anti-aging treatments.

1. Dermal Fillers

These can be done over a lunch break, and you will see results immediately. Dermal fillers are the most popular anti-aging treatment at the med spa, and for good reason; the results are fabulous!

2. Botox

Need a hard reset on those wrinkles? With Botox, they will have vanished by party time. We don't blame you if you keep glancing in the mirror at your newfound youth!

3. Hydrating Facial

Exfoliate and extract dead skin cells for a rejuvenated, youthful glow! A hydrating facial combines relaxation and cleansing for easy party prep. If you're a procrastinator, this is the treatment for you. It can be done days before a big event with beautiful results!

4. Chemical Peel

For a radiating glow, choose a chemical peel. You will brighten your skin and improve your complexion immediately.

If you're serious about anti-aging, consider combining a couple treatments for best results. We can recommend what's best based on your skin type and event date. Give us a call to get a fresh face for your upcoming holiday party!

Butternut Squash Soup

Ingredients

- 1 large butternut squash ,
halved vertically & seeded
- 1 tablespoon olive oil, plus more
for drizzling
- ½ cup chopped shallot
- 1 teaspoon salt
- 4 garlic cloves, pressed or minced
- 1 teaspoon maple syrup
- ⅛ teaspoon ground nutmeg
- Freshly ground black pepper, to taste
- Up to 4 cups (32 ounces) vegetable broth
- 1 to 2 tablespoons butter, to taste



Directions

1. Preheat the oven to 425 degrees, line baking sheet with parchment paper. Rub oil over the inside of the squash; sprinkle it with salt and pepper. Roast squash face down for 45-50 minutes. Let cool and scoop flesh into bowl.
2. In skillet or soup pot, warm olive oil over medium heat until simmering. Add the chopped shallot and salt. Cook, stirring often, until the shallot has softened and is starting to turn golden on the edges, about 3 to 4 minutes. Add the garlic and cook

until fragrant, about 1 minute, stirring frequently.

3. If you have a high-performance blender like a Vitamix, transfer the cooked shallot and garlic to your blender. Add the reserved butternut, maple syrup, nutmeg and a few twists of freshly ground black pepper. Pour in 3 cups vegetable broth, being careful not to fill the container past the maximum fill line. Blend until creamy.

Serve immediately.

See you soon at **Neem Medical Spa!**

Follow Us On Social Media!



Call today!

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