





 Hello December 



A Note From Dr. Rosy Sandhu,

It's going to be an extra magical holiday season at the medi spa this year! We have your holidays covered with everything from **anti-aging** favorites to **beauty consultations** – to get you ready for all your **special events** this season.

We also have the perfect stocking stuffers to gift your loved ones, or keep for yourself (no judgement here!).


Stop in to see us soon and pick up last-minute gifts and gift cards.

Let's celebrate the holidays together with a little medi spa magic!

Happy holidays and Happy New Year!

December Promotions

12 Days Of Christmas!



Enjoy...

December 13th

20% Off All Products

December 14th

Purchase 3, Receive 1 Free HA Microneedling \$1125

December 15th

\$1500 Off Emsculpt = \$2500 for 4 treatments

December 16th

Bank Your Botox. 100 Units = \$1200

December 17th

Fillers • \$50 off 1 Syringe • \$100 off 2 Syringes

• Purchase 3, Receive 1 Free (of equal or lesser value)

December 18th

Kybella • \$250 off 1 treatment • \$500 off 2 treatments

December 19th

Purchase 1 Large Area of Laser Hair Removal,
receive 1 Smaller Area Free

December 20th

Purchase 4 Laser Facials, Receive 1 Free Laser Facial
with HydroJelly Mask (\$425 value)

December 21st

30% off all facials

December 22nd

\$2200 for 4 Cycles of CoolSculpting (\$900 savings)

December 23rd

Purchase Package of 3 RF Microneedling,
Receive \$100 Gift Card to Neem

December 24th

Purchase Ultherapy Lower Face + Neck and Receive 1 Free Under
Eye Tightening Treatment OR Purchase
"Bright Eye Special" including Ultherapy Upper Face and
receive 20 units of Botox Free

***Can be purchased in the medspa, online
or over the phone on the day of the special.**

December Inspiration



Product We Love: ZO Skin Health Travel Size Cleansers & Exfoliating Polish

Take extra care of your skin during the holiday season with a variety of cleansers; they will target surface oil and leave the skin feeling clean! An exfoliating polish will guarantee a clear, smooth and even-toned complexion!



December Self-Care Tip: Write in a Journal

Need to release some mental stress? We get it! December can bring even the most organized down to their knees. Find something that helps relieve stress. We love the idea of writing in a journal to release feelings and bring peace. Let yourself ramble, write a poem, write a letter to a friend; any form of writing is helpful!

Featured Article



The holiday season is in full swing and it's time again to find the perfect gifts for your loved ones. Feeling stumped? Here at the medi spa, we have refreshing gifts that can provide transformation and confidence well beyond Christmas Day. We've listed the top 3 gifts below, chosen by clients we love!

1. Microneedling

Improve skin texture, reduce pores, minimize fine lines, reduce blackheads; the list goes on. Is there anything microneedling can't do? It's a client favorite over here and for good reason! Restore youth and improve your skin's appearance immediately with microneedling. It's the perfect gift for any age!

2. Botox and/or Dermal Fillers

If you're over 35, wrinkles and fine lines are on your radar. And that's okay! As we age, we should be aware of how skin changes. Wrinkles and fine lines don't have to be the first thing

people see however. Botox and dermal fillers are the top-selling treatments at the med spa and they make the perfect gift too! We have a limited-time offer this month, so don't wait!

3. Laser Hair Removal

Have you ever met a woman that wasn't sick of shaving/waxing/hair removal? If so, we want to meet this unicorn! Laser hair removal is one of the best gifts you can give, and it's the perfect treatment to start during the winter months. Come spring, your loved one will be swooning over smooth, silky skin (and no more razors!).

Of course, not everyone is easy to buy for at the holidays. That's why we have you covered with medi spa gift cards! If you aren't sure what treatment is best, a gift card can never go wrong. We will even gift wrap it for you!

Homemade Eggnog

Ingredients

- 12 large eggs
- 1-1/2 cups sugar
- 1/2 teaspoon salt
- 8 cups whole milk, divided
- 2 tablespoons vanilla extract
- 1 teaspoon ground nutmeg
- 2 cups heavy whipping cream
- Additional nutmeg, optional



Directions

1. In a heavy saucepan, whisk together eggs, sugar and salt. Gradually add 4 cups milk; cook and stir over low heat until a thermometer reads 160°-170°. 30-35 minutes. Do not allow to boil. Immediately transfer to a large bowl.
2. Stir in vanilla, nutmeg and remaining milk. Place bowl in an ice-water bath, stirring until milk mixture is cool. (If mixture separates, process in a blender until smooth.) Refrigerate, covered, until cold, at least 3 hours.
3. To serve, beat cream until soft peaks form. Whisk gently into cooled milk mixture. If desired, sprinkle with additional nutmeg before serving.

See you soon at **Neem Medical Spa!**

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