

ASK THE EXPERT

Breast Augmentation by Dr. David L. Mobley


**SARASOTA
PLASTIC
SURGERY
CENTER**
ABOUT

New methods and better implants, making breast augmentation safer and more reliable.

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I've heard that silicone implants are better. Is this true?

Silicone gel breast implants give a better, more natural result. Silicone implants have skyrocketed in popularity since being approved by the FDA. You must be at least 22 years of age, and these implants require more follow-up examinations. Modern silicone gel implants have an excellent safety record and are extremely well made.

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How do I choose the correct size implants?

Vectra 3D imaging is an amazing new technology that changes everything about deciding on the best implant size for a patient. Using a state-of-the-art camera system, we can now show a patient the specific changes she would expect from each size and style of implant. We can also measure differences between the breasts and more easily correct them.

What has changed in how breast augmentation is performed?

Breast augmentation today is performed more gently with little or no bleeding, for

minimum soreness and recovery time. Using a Keller Funnel (similar to a cake-decorating funnel), even silicone implants can be put in place through a very small—approximately one inch—incision. This funnel also prevents the implant from touching the skin, which may reduce the chance of hardening (capsular contracture).

Should I shop for the best price when having breast augmentation?

When it comes to your health and safety, look for a surgeon who is highly qualified and works in a safe facility. Look for certification by the American Board of Plastic Surgery (A.B.P.S.) and membership in the American Society of Plastic Surgeons (A.S.P.S.). Remember, breast augmentation takes only about an hour to perform, but you will wear the result for a lifetime.

David L. Mobley, M.D. has been performing breast augmentation and other cosmetic procedures in Sarasota for more than 17 years at Sarasota Plastic Surgery Center. He has been named a Castle-Connolly Top Doctor six consecutive years from 2007 through 2012. He is board certified by the prestigious American Board of Plastic Surgery.