

# James H. Schmidt, M.D.

Sarasota Plastic Surgery Center.



With more than 25 years of experience, Dr. James Schmidt has been named one of Castle Connolly's Top Doctors eight times.

**AN ARTISTIC EYE** combined with surgical skill produces a natural plastic surgery result. "Patients want a nice natural result without the telltale signs of surgery," says Dr. James H. Schmidt. Integrating artistry and new technologies with the basic principles of plastic surgery is the key to achieving a long-lasting and natural result. For 25 years, Dr. Schmidt has achieved that objective. In 2012 he was again named one of Castle Connolly's Top Doctors for plastic surgery—the eighth time so honored.

Plastic surgery continues to develop new techniques and products. Fillers and new laser technologies are some of the newer modalities. Combining these new innovations with some of the older, reliable techniques of plastic surgery provides the best results ever.

Dr. Schmidt believes the consultation is an essential part of the plastic surgery experience. "I spend a lot of time asking the patient what his or her goals are," he says. "I tailor the recommended procedures to each individual patient based upon their desires and needs. The consultation helps

educate the patients so they understand the recommended procedures, the recovery and provide realistic expectations."

Dr. Schmidt specializes in cosmetic surgery of the face and body including facelifts, mini-lifts, eye lids, advanced laser

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procedures, and breast and body contouring procedures. His practice at the Sarasota Plastic Surgery Center includes state-of-the-art equipment and technologies, experienced staff and a licensed outpatient surgery center dedicated solely to plastic surgery. Also included is a medical spa for additional cosmetic procedures staffed by a licensed aesthetician and a physician's assistant.

"My goal is to provide safe surgery in a convenient setting while delivering excellent results," says Dr. Schmidt.

## JAMES H. SCHMIDT, M.D.

### EDUCATION

- ▶ M.D., University of Wisconsin Medical School
- ▶ University of Florida, Gainesville Residencies in general surgery and plastic surgery

### CREDENTIALS

- ▶ American Board of Plastic Surgery
- ▶ Fellow of the American College of Surgeons
- ▶ American Society of Plastic Surgeons
- ▶ American Society for Aesthetic Plastic Surgery

### ACADEMIC APPOINTMENTS

- ▶ Co-clinical assistant professor of surgery at the University of Florida

### LOCATION

- ▶ 2255 S. Tamiami Trail  
Sarasota, FL 34239  
(941) 366-8897

[sarasotaplasticsurgery.com](http://sarasotaplasticsurgery.com)

