

## Prescription Policy

Spine Care of North Texas diagnosis' and treats conditions of the spine. We may prescribe medications for you to help relieve the pain. These medications, when used properly, can help patients feel better and lead more productive lives. These medications can also be misused, causing harm to patients and others. For this reason, the State of Texas and the Federal Drug Enforcement Administration regulate the use of medications. Spine Care of North Texas follows those laws.

### Our Policy:

- Written prescriptions will not be replaced if lost, stolen or misplaced.
- Prescriptions are to be taken as directed. In other words, do not change the frequency of the dose unless otherwise directed by a Spine Care of North Texas professional. If a change does occur this will be noted in your chart.
- Certain controlled substances such as Oxycontin, MS Contin, Percocet, Norco are written for a 30-day supply. It is necessary to make monthly follow up appointments to receive a refill.
  - ***By law, controlled substance medications cannot be filled over the phone.***
- If your prescription bottle indicates that you have refills remaining, contact your pharmacy directly. If there are no refills remaining, you will need to contact our office to schedule an appointment.
- Refills will not be authorized at night, on weekends or holidays. Be sure to plan ahead to make sure you have enough medication.
- Before your visit to Spine Care of North Texas, please check your supply of medication and if you need a refill please ask.
- Refill requests for prescriptions not prescribed by a Spine Care of North Texas physician will not be authorized.
- Please notify our staff of any current medications you are taking and the prescribing physicians. Note: We will not prescribe medications to manage pain while under the care of a pain management physician.
  - Current Pain Management Physician: \_\_\_\_\_ PH: \_\_\_\_\_
- If you still require pain medication 90 days following your surgery we will refer you to a pain management specialist to continue your pain regimen.
- If you believe you may be pregnant, discover you are pregnant at any time, or plan to become pregnant, it is your responsibility to inform this office immediately.
- Urinary drug screens will occur prior to any narcotic regimen and approximately every three months following.

I have read the above prescription policy and I am aware of the necessary steps in order to have prescription(s) refilled.

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_